

## Growth tight actions of product groups

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**Abstract.** A group action on a metric space is called growth tight if the exponential growth rate of the group with respect to the induced pseudo-metric is strictly greater than that of its quotients. A prototypical example is the action of a free group on its Cayley graph with respect to a free generating set. More generally, with Arzhantseva we have shown that group actions with strongly contracting elements are growth tight.

Examples of non-growth tight actions are product groups acting on the  $L^1$  products of Cayley graphs of the factors.

In this paper we consider actions of product groups on product spaces, where each factor group acts with a strongly contracting element on its respective factor space. We show that this action is growth tight with respect to the  $L^p$  metric on the product space, for all  $1 < p \leq \infty$ . In particular, the  $L^\infty$  metric on a product of Cayley graphs corresponds to a word metric on the product group. This gives the first examples of groups that are growth tight with respect to an action on one of their Cayley graphs and non-growth tight with respect to an action on another, answering a question of Grigorchuk and de la Harpe.

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### 1. Introduction

The *growth exponent* of a set  $A$  with respect to a pseudo-metric  $d$  is

$$\delta_{A,d} = \limsup_{r \rightarrow \infty} \frac{1}{r} \cdot \log \#\{a \in A \mid d(o, a) \leq r\}$$

where  $\#$  denotes cardinality and  $o \in A$  is some basepoint. The limit is independent of the choice of basepoint.

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Let  $G$  be a finitely generated group, and let  $(\mathcal{X}, d, o)$  be a proper, based, geodesic metric space on which  $G$  acts properly discontinuously and cocompactly by isometries.

The metric  $d$  induces a left invariant pseudo-metric  $\bar{d}$  on any quotient  $G/N$  of  $G$  by  $\bar{d}(gN, g'N) = \min_{n, n' \in N} d(gn.o, g'n'.o)$ . When  $(\mathcal{X}, d, o)$  is clear we let  $\delta_{G/N}$  denote  $\delta_{G/N, \bar{d}}$  and let  $\delta_G$  denote  $\delta_{G/\{1\}, \bar{d}}$ .

**Definition 1.1** ([1]).  $G \curvearrowright \mathcal{X}$  is a *growth tight action* if  $\delta_G > \delta_{G/N}$  for every infinite normal subgroup  $N \trianglelefteq G$ .

If  $S$  is a finite generating set of  $G$ , we say  $G$  is *growth tight with respect to  $S$*  if the action of  $G$  via left multiplication on the Cayley graph of  $G$  with respect to  $S$  is growth tight.

The first examples of such actions were given by Grigorchuk and de la Harpe [9], who showed that a finite rank, non-abelian free group  $\mathbb{F}$  is growth tight with respect to any free generating set  $S$ . In the same paper, they observe that the product  $\mathbb{F} \times \mathbb{F}$  is not growth tight with respect to the generating set  $S \times \{1\} \cup \{1\} \times S$ , and ask whether there exists a finite generating set with respect to which  $\mathbb{F} \times \mathbb{F}$  is growth tight.

We answer this question affirmatively. This is the first example of a group that is growth tight with respect to one generating set and not growth tight with respect to another.

Our main result is for growth tightness of product groups  $G_1 \times \cdots \times G_n$ . We require that each factor  $G_i$  acts cocompactly with a strongly contracting element on a space  $\mathcal{X}_i$ , see [Definition 2.2](#). Examples include actions of hyperbolic or relatively hyperbolic groups by left multiplication on any of their Cayley graphs, and groups acting cocompactly on proper CAT(0) spaces with rank 1 isometries. With Arzhantseva [1], we have shown that such actions are growth tight.

**Theorem 1.1.** *For  $1 \leq i \leq n$ , let  $G_i$  be a non-elementary, finitely generated group acting properly discontinuously and cocompactly by isometries on a proper, based, geodesic metric space  $(\mathcal{X}_i, d_i, o_i)$  with a strongly contracting element. Let  $G = G_1 \times \cdots \times G_n$ . Let  $\mathcal{X} = \mathcal{X}_1 \times \cdots \times \mathcal{X}_n$ , with  $o = (o_1, \dots, o_n)$  and let  $d$  be the  $L^p$  metric on  $\mathcal{X}$  for some  $1 \leq p \leq \infty$ . Let  $G \curvearrowright \mathcal{X}$  be the coordinate-wise action. Then  $G \curvearrowright \mathcal{X}$  is growth tight unless  $p = 1$  and  $n > 1$ .*

**Remark.** Cocompactness of the factor actions is not strictly necessary. We use it to prove a subadditivity result, [Lemma 4.2](#). There are weaker conditions than cocompactness of the action that can be used to prove such a result. These are discussed in [1, Section 6]. For simplicity, we will stick to cocompact actions in this paper, since this suffices for our main applications.

In the case that  $\mathcal{X}_i$  is the Cayley graph of  $G_i$  with respect to a finite, symmetric generating set  $S_i$ , there is a natural bijection between vertices of  $\mathcal{X}$  and elements of  $G$ . This bijection is an isometry between vertices of  $\mathcal{X}$  with the  $L^1$  metric and elements of  $G$  with the word metric corresponding to the generating set:

$$S^1 = \bigcup_{1 \leq i \leq n} \{(s_1, \dots, s_n) \mid s_j = 1 \text{ for } j \neq i \text{ and } s_i \in S_i\}.$$

The same bijection is also an isometry between vertices of  $\mathcal{X}$  with the  $L^\infty$  metric and elements of  $G$  with the word metric corresponding to the generating set

$$S^\infty = \{(s_1, \dots, s_n) \mid s_i \in S_i \cup \{1\}\}.$$

**Corollary 1.1.** *For  $1 \leq i \leq n$ , let  $G_i$  be a non-elementary group with a finite, symmetric generating set  $S_i$ . Let  $\mathcal{X}_i$  be the Cayley graph of  $G_i$  with respect to  $S_i$ , and suppose that the action of  $G_i$  on  $\mathcal{X}_i$  by left multiplication has a strongly contracting element. When  $n \geq 2$ , the product  $G = G_1 \times \dots \times G_n$  admits a finite generating set  $S^1$  for which the action on the corresponding Cayley graph is not growth tight and another finite generating set  $S^\infty$  for which the action on the corresponding Cayley graph is growth tight.*

Non-elementary, finitely generated, relatively hyperbolic groups, and finite rank free groups in particular, act with a strongly contracting element on any one of their Cayley graphs, so:

**Corollary 1.2.** *If  $\mathbb{F}$  is a finite rank free group and  $S$  is a finite, symmetric free generating set of  $\mathbb{F}$  then  $\mathbb{F} \times \mathbb{F}$  is growth tight with respect to the generating set  $(S \cup \{1\}) \times (S \cup \{1\})$ .*

Another common way to think of  $\mathbb{F} \times \mathbb{F}$  is as the Right Angled Artin Group with defining graph the join of two sets of vertices of cardinality equal to the rank of  $\mathbb{F}$ . The universal cover of the corresponding Salvetti complex is the product of Cayley graphs of  $\mathbb{F}$  with respect to free generating sets. There are two natural metrics to consider on the vertex set of the universal cover of the Salvetti complex: the induced length metric from the piecewise Euclidean structure, which is the restriction of the  $L^2$  metric on the product, and the induced length metric in the 1-skeleton, which is the restriction of the  $L^1$  metric on the product.

**Corollary 1.3.** *The action of  $\mathbb{F} \times \mathbb{F}$  on the universal cover of its Salvetti complex is growth tight with respect to the piecewise Euclidean metric but not growth tight with respect to the 1-skeleton metric.*

We sketch a direct proof of [Corollary 1.2](#). The proof of [Theorem 1.1](#) follows the same outline.

*Sketch proof of Corollary 1.2.* Let  $\mathcal{X}$  be the Cayley graph of  $\mathbb{F}$  with respect to  $S$ . Let  $G = \mathbb{F} \times \mathbb{F}$  be generated by  $(S \cup \{1\}) \times (S \cup \{1\})$ , which induces the  $L^\infty$  metric on  $\mathcal{X} \times \mathcal{X}$ . We have  $\delta_G = 2\delta_{\mathbb{F}} > 0$ .

Let  $N$  be a non-trivial normal subgroup of  $G$ . If  $N$  has trivial projection to, say, the first factor, then  $G/N = \mathbb{F} \times (\mathbb{F}/\pi_2(N))$ . Since  $\mathbb{F}$  is growth tight with respect to every word metric,  $\delta_{\mathbb{F}/\pi_2(N)} < \delta_{\mathbb{F}}$ , so  $\delta_{G/N} = \delta_{\mathbb{F}} + \delta_{\mathbb{F}/\pi_2(N)} < 2\delta_{\mathbb{F}} = \delta_G$ .

If  $N$  has non-trivial projection to both factors, then there is an element  $(h_1, h_2) \in N$  with both coordinates non-trivial. Choose an element  $(a'_1, a'_2) \in (a_1, a_2)N$  for each  $(a_1, a_2)N \in (\mathbb{F} \times \mathbb{F})/N = G/N$ , such that

$$d((a'_1, a'_2), (1, 1)) = d((a_1, a_2)N, (1, 1)).$$

Let  $A = \{(a'_1, a'_2) \mid (a_1, a_2)N \in G/N\}$ . We call  $A$  a *minimal section of the quotient map*. We have  $\delta_{A,d} = \delta_{G/N, \bar{a}}$ .

Given a non-trivial, reduced word  $f$ , let  $W(f)$  be the subset of elements of  $\mathbb{F}$  whose expression as a reduced word in  $S$  contains  $f$  as a subword. Denote by  $\bar{a}$  the inverse of a word  $a$  in  $\mathbb{F}$ . If  $(a'_1, a'_2) \in W(h_1) \times W(h_2)$  then there exist  $b_i$  and  $c_i$  such that  $a'_i = b_i h_i c_i$  for  $i = 1, 2$ , and

$$(a'_1, a'_2) = (b_1 h_1 c_1, b_2 h_2 c_2) = (b_1 c_1, b_2 c_2) \cdot (\bar{c}_1 h_1 c_1, \bar{c}_2 h_2 c_2).$$

So  $(b_1 c_1, b_2 c_2)N = (a'_1, a'_2)N$ , but this contradicts the fact that  $(a'_1, a'_2) \in A$ , since  $|(b_1 c_1, b_2 c_2)|_\infty < |(a'_1, a'_2)|_\infty$ . Therefore,  $A \subset (\mathbb{F} - W(h_1)) \times \mathbb{F} \cup \mathbb{F} \times (\mathbb{F} - W(h_2))$ . However, for any non-trivial  $f$  the growth exponent of  $\mathbb{F} - W(f)$  is strictly less than that of  $\mathbb{F}$ , so the growth exponent of  $A$  is strictly less than that of  $\mathbb{F} \times \mathbb{F}$ .  $\square$

The fact that the growth exponent of  $F - W(f)$  is strictly less than that of  $F$  has analogues in formal language theory. A language  $\mathcal{L}$  over a finite alphabet is known as ‘growth-sensitive’ or ‘entropy-sensitive’ if for every finite set of words in  $\mathcal{L}$ , called the *forbidden words*, the sub-language of words that do not contain one of the forbidden words as a subword has strictly smaller growth exponent than  $\mathcal{L}$ . It has been a topic of recent interest to decide what kinds of languages are growth-sensitive [5, 6, 10].

Our approach to growth tightness is to prove a coarse-geometric version of growth sensitivity, where the forbidden word is a power of a strongly contracting element.

The first coarse-geometric version of growth sensitivity was used by Arzhantseva and Lysenok [2] to prove growth tightness for hyperbolic groups. With Arzhantseva, [1] we gave a more general construction that applied to group actions with strongly contracting elements. The idea is that the action of a strongly contracting element closely resembles the action of an infinite order element of a hyperbolic group on a Cayley graph.

In [1] we proved a coarse-geometric version of the statement that the growth exponent of the set of reduced words in  $\mathbb{F}$  that do not contain  $f$  or  $\bar{f}$  as subwords is strictly less than the growth exponent of  $\mathbb{F}$ . For products this is not enough, since, for example, if  $(f, f) \in N \leq \mathbb{F} \times \mathbb{F}$  we cannot make the element  $(f, \bar{f})$  shorter by applying powers of  $(f, f)$ . We really want to forbid only positive occurrences of  $f$  in each coordinate, so we need to strengthen our coarse-geometric statement to take orientation into account.

After preliminaries in Section 2, we show in Section 3 that an infinite normal subgroup of  $G$  that has infinite projection to each factor contains an element  $h$  for which each coordinate is strongly contracting for the action of the factor group on the factor space.

In Section 4 we prove the main technical lemma, Lemma 4.5, which is our oriented growth sensitivity result.

In Section 5 we complete the proof of Theorem 1.1.

## 2. Preliminaries

For any group  $G$ , we use  $\bar{g}$  to denote the multiplicative inverse of  $g \in G$ .

A group is *elementary* if it is finite or has an infinite cyclic subgroup of finite index.

A *quasi-map*  $\pi: \mathcal{X} \rightarrow \mathcal{Y}$  between metric spaces assigns to each point  $x \in \mathcal{X}$  a subset  $\pi(x) \subset \mathcal{Y}$  of uniformly bounded diameter.

**2.1. Strongly contracting elements.** We define strongly contracting elements following Sisto<sup>1</sup> [11]. See also [1] for additional reference.

**Definition 2.1.** Let  $(\mathcal{X}, d)$  be a proper geodesic metric space, and let  $\mathcal{A} \subset \mathcal{X}$  be a subset. Given a constant  $C > 0$ , a map  $\pi_{\mathcal{A}}: \mathcal{X} \rightarrow \mathcal{A}$  is called a *C-strongly contracting projection* if  $\pi_{\mathcal{A}}$  satisfies the following properties:

- for every  $a \in \mathcal{A}$ ,  $d(a, \pi_{\mathcal{A}}(a)) \leq C$ ;
- for every  $x, y \in \mathcal{X}$ , if  $d(\pi_{\mathcal{A}}(x), \pi_{\mathcal{A}}(y)) > C$ , then for every geodesic segment  $\mathcal{P}$  with endpoints  $x$  and  $y$ , we have  $d(\pi_{\mathcal{A}}(x), \mathcal{P}) \leq C$  and  $d(\pi_{\mathcal{A}}(y), \mathcal{P}) \leq C$ .

We say the map  $\pi_{\mathcal{A}}$  is a *strongly contracting projection* if it is *C-strongly contracting* for some  $C > 0$ .

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<sup>1</sup> Sisto considers ‘ $\mathcal{PS}$ -contracting projections’. We use ‘strong’ to indicate the special case that  $\mathcal{PS}$  is the collection of all geodesic segments in  $\mathcal{X}$ .

Fix a base point  $o \in \mathcal{X}$ . Let  $G$  be a finitely-generated group that admits a proper, cocompact, and isometric action on  $\mathcal{X}$ .

**Definition 2.2.** An element  $h \in G$  is  $C$ -strongly contracting if  $i \mapsto h^i.o$  is a quasi-geodesic and if there exists  $C > 0$  such that, for every geodesic segment  $\mathcal{P}$  with endpoints on  $\langle h \rangle.o$ , there exists a  $C$ -strongly contracting projection  $\pi_{\mathcal{P}}: \mathcal{X} \rightarrow \mathcal{P}$ .

An element  $h \in G$  strongly contracting if there exists a  $C > 0$  such that  $h$  is  $C$ -strongly contracting.

The property of strongly contracting is independent of the base point  $o$ . Since the action is by isometries, a conjugate of a strongly contracting element is strongly contracting.

Let  $h \in G$  be a strongly contracting element. Let  $E(h) < G$  be the subgroup such that  $g \in E(h)$  if and only if the Hausdorff distance between  $\langle h \rangle.o$  and  $g\langle h \rangle.o$  is bounded. Then  $E(h)$  is hyperbolically embedded in the sense of Dahmani, Guirardel, and Osin [7], and  $E(h)$  is the unique maximal virtually cyclic subgroup containing  $h$  [7, Lemma 6.5]. Thus,  $E(h)$  is the subgroup that often called the *elementarizer* or *elementary closure* of  $\langle h \rangle$ .

**Definition 2.3.** Given a strongly contracting element  $h \in G$  and a point  $o \in \mathcal{X}$ , the set  $\mathcal{H} = E(h).o$  is called a *quasi-axis* in  $\mathcal{X}$  for  $h$ .

**Lemma 2.1** ([1, Lemma 2.20]). *If  $h \in G$  is strongly contracting, then there exists a strongly contracting projection quasi-map  $\pi_{\mathcal{H}}: G \rightarrow \mathcal{H}$  such that  $\pi_{\mathcal{H}}$  is  $E(h)$ -equivariant.*

**Definition 2.4.** If  $h \in G$  is strongly contracting and  $g \notin E(h)$  define

$$\pi_{g\mathcal{H}}: \mathcal{X} \longrightarrow g\mathcal{H}$$

by

$$\pi_{g\mathcal{H}}(x) = g.\pi_{\mathcal{H}}(\bar{g}.x).$$

Combining Lemma 2.1 and Definition 2.4, we may assume that the strongly contracting projection quasi-maps  $\pi_{g\mathcal{H}}$  to translates of  $\mathcal{H}$  are  $G$ -equivariant.

**Lemma 2.2.** *If  $h \in G$  is  $C$ -strongly contracting there exist non-negative constants  $\lambda, \epsilon$ , and  $\mu$  such that  $i \mapsto h^i.o$  is a  $(\lambda, \epsilon)$ -quasi-geodesic and for  $0 \leq \alpha \leq \beta$  every geodesic from  $o$  to  $h^\beta.o$  passes within distance  $\mu$  of  $h^\alpha.o$ .*

*Proof.* There exist  $\lambda$  and  $\epsilon$  such that  $i \mapsto h^i.o$  is a  $(\lambda, \epsilon)$ -quasi-geodesic by definition of contracting element. Let  $\gamma$  be a geodesic segment from  $o$  to  $h^\beta.o$ . Then  $\gamma$  is Morse, by [11, Lemma 2.9]. Thus, there is a  $\mu$  depending only on  $C, \lambda$ , and  $\epsilon$  such that every  $(\lambda, \epsilon)$ -quasi-geodesic segment with endpoints on  $\gamma$  is contained in the  $\mu$ -neighborhood of  $\gamma$ . But  $i \mapsto h^i.o$  for  $i \in [0, \beta]$  is such a  $(\lambda, \epsilon)$ -quasi-geodesic, so there is a point of  $\gamma$  at distance at most  $\mu$  from  $h^\alpha.o$ .  $\square$

**2.2. Actions on quasi-trees.** Let  $h$  be a contracting element for  $G \curvearrowright \mathcal{X}$  as in the previous section, and let  $\mathcal{H}$  be the quasi-axis of  $h$ .

In [Lemma 4.5](#) we will consider a *free product subset*

$$Z^* * h^m = \bigcup_{i=1}^{\infty} \{z_1 h^m \cdots z_i h^m \mid z_j \in Z - \{1\}\}$$

for a certain subset  $Z \subset G$  and a sufficiently large  $m$ . We wish to know that the orbit map from  $G$  into  $\mathcal{X}$  is an embedding on this free product set.

This statement recalls the following well known result:

**Proposition 2.1** (Baumslag’s Lemma [3]). *If  $z_1, \dots, z_k$  and  $h$  are elements of a free group such that  $h$  does not commute with any of the  $z_i$ , then  $z_1 h^{m_1} \cdots z_k h^{m_k} \neq 1$  if all the  $|m_i|$  are sufficiently large.*

A convenient way to prove such an embedding result is to work in a tree, so that the global result, that  $z_1 h^{m_1} \cdots z_k h^{m_k} \neq 1$ , can be certified by a local ‘no-backtracking’ condition. In our situation, we do not have an action on a tree to work with, but a construction of Bestvina, Bromberg, and Fujiwara [4] produces an action of  $G$  on a quasi-tree, a space quasi-isometric to a simplicial tree, from the action of  $G$  on the  $G$ -translates of  $\mathcal{H}$ . In [1] we use this quasi-tree construction and a no-backtracking argument to prove that the orbit map is an embedding of a certain free product subset. The proof of [Lemma 4.5](#) consists of choosing an appropriate free product set to which we can apply the argument from [1]. The details of the construction of the quasi-tree and the proof of the free product subset embedding are somewhat technical, so we will not repeat them here (see [4, Section 3] and [1, Section 2.4] for more details). However, we will make use of some of Bestvina, Bromberg, and Fujiwara’s ‘projection axioms’, which hold for quasi-axes of contracting elements by work of Sisto [11], as recounted below.

Let  $\mathbb{Y}$  be the collection of all distinct  $G$ -translates of  $\mathcal{H}$ . For each  $Y \in \mathbb{Y}$ , let  $\pi_Y$  be the projection map from the above. Set

$$d_Y^\pi(x, y) = \text{diam}\{\pi_Y(x), \pi_Y(y)\}.$$

**Lemma 2.3** ([1, Section 2.4], cf. [11, Theorem 5.6]). *There exists  $\xi \geq 0$  such that for all distinct  $X, Y, Z \in \mathbb{Y}$ :*

- (P0)  $\text{diam } \pi_Y(X) \leq \xi$ ;
- (P1) *at most one of  $d_X^\pi(Y, Z)$ ,  $d_Y^\pi(X, Z)$  and  $d_Z^\pi(X, Y)$  is strictly greater than  $\xi$ ;*
- (P2)  $|\{V \in \mathbb{Y} \mid d_V^\pi(X, Y) > \xi\}| < \infty$ .

### 3. Elements that are strongly contracting in each coordinate

Let  $G$  be a finitely generated, non-elementary group acting properly discontinuously and cocompactly by isometries on a based proper geodesic metric space  $(\mathcal{X}, d, o)$  such that there exists an element  $h \in G$  that is strongly contracting for  $G \curvearrowright \mathcal{X}$ . Let  $\mathcal{H} = E(h).o$ . Let  $C$  be the contraction constant for  $\pi_{\mathcal{H}}$  from [Lemma 2.1](#), and let  $\xi$  be the constant of [Lemma 2.3](#). For any  $x \in \mathcal{X}$  and any  $r > 0$ , denote by  $B_r(x)$  the open ball of radius  $r$  about  $x$ .

**Lemma 3.1.** *Let  $p$  be a point of  $\mathcal{H}$ . Let  $g$  be an element of  $G$ . There exists a constant  $D$  such that either some non-trivial power of  $g$  is contained in  $\langle h \rangle$  or for all  $n > 0$  we have  $d_{\mathcal{H}}^{\pi}(g^n.p, p) \leq 2d(p, g.p) + D$ .*

*Proof.* Since  $\langle h \rangle$  is a finite index subgroup of  $E(h)$ , if some non-trivial power of  $g$  is contained in  $E(h)$  then some non-trivial power of  $g$  is contained in  $\langle h \rangle$ , and we are done. Thus, we may assume that no non-trivial power of  $g$  is contained in  $E(h)$ . This implies that if  $m \neq n$  then  $g^m\mathcal{H} \neq g^n\mathcal{H}$ .

Let  $z$  be a point on a geodesic from  $p$  to  $g.p$  in  $B_C(\pi_{\mathcal{H}}(g.p))$ . Let  $\xi$  be the constant of [Lemma 2.3](#). Axiom (P0) of [Lemma 2.3](#) says  $\text{diam } \pi_{\mathcal{H}}(g\mathcal{H}) \leq \xi$ . We get

$$\begin{aligned} d(p, g.p) &= d(p, z) + d(z, g.p) \\ &\geq d(p, \pi_{\mathcal{H}}(g.p)) - C + d(z, g.p) \\ &\geq d_{\mathcal{H}}^{\pi}(p, g\mathcal{H}) - C - \xi + d(z, g.p) \\ &\geq d_{\mathcal{H}}^{\pi}(p, g\mathcal{H}) - C - \xi. \end{aligned}$$

By a similar argument, for every  $k \neq 0, \pm 1$ ,

$$d(p, g.p) \geq d_{g^k\mathcal{H}}^{\pi}(\mathcal{H}, g^{\pm 1}\mathcal{H}) - 2C - 2\xi.$$

Using the above we obtain that, for any  $n > 1$ ,

$$\begin{aligned} d_{\bar{g}\mathcal{H}}^{\pi}(\mathcal{H}, g^{n-1}\mathcal{H}) &= d_{\mathcal{H}}^{\pi}(g\mathcal{H}, g^n\mathcal{H}) \\ &\geq d_{\mathcal{H}}^{\pi}(g^n\mathcal{H}, p) - d_{\mathcal{H}}^{\pi}(g\mathcal{H}, p) \\ &\geq d_{\mathcal{H}}^{\pi}(g^n\mathcal{H}, p) - d(g.p, p) - C - \xi. \end{aligned}$$

Suppose that  $d_{\mathcal{H}}^{\pi}(g^n\mathcal{H}, p) - d(g.p, p) - C - \xi > \xi$ . The previous inequality says  $d_{\bar{g}\mathcal{H}}^{\pi}(\mathcal{H}, g^{n-1}\mathcal{H}) > \xi$ , so (P1) of [Lemma 2.3](#) implies  $\xi \geq d_{\mathcal{H}}^{\pi}(\bar{g}\mathcal{H}, g^{n-1}\mathcal{H})$ , hence

$$\begin{aligned} \xi &\geq d_{\mathcal{H}}^{\pi}(\bar{g}\mathcal{H}, g^{n-1}\mathcal{H}) \geq d_{\mathcal{H}}^{\pi}(g^n\mathcal{H}, p) - d_{\mathcal{H}}^{\pi}(p, \bar{g}\mathcal{H}) - d_{\mathcal{H}}^{\pi}(g^n\mathcal{H}, g^{n-1}\mathcal{H}) \\ &\geq d_{\mathcal{H}}^{\pi}(g^n\mathcal{H}, p) - d_{\mathcal{H}}^{\pi}(p, \bar{g}\mathcal{H}) - d_{\bar{g}\mathcal{H}}^{\pi}(\mathcal{H}, \bar{g}\mathcal{H}) \\ &\geq d_{\mathcal{H}}^{\pi}(g^n\mathcal{H}, p) - 2d(g.p, p) - 3C - 3\xi. \end{aligned}$$

Thus,  $d_{\mathcal{H}}^{\pi}(g^n\mathcal{H}, p) \leq 2d(g.p, p) + D$  for  $D = 3C + 4\xi$ .  $\square$



**Lemma 3.2.** *For every  $g \in G$  there exists an  $l > 0$  and an  $n' \geq 0$  such that for all  $m > 0$  and all  $n \geq n'$ , except possibly one, the elements  $g^{lm}h^n$  and  $h^n g^{lm}$  are strongly contracting.*

*Proof.* Suppose there exists a minimal  $a > 0$  and  $b$  such that  $g^a = h^b$ . If  $b > 0$  let  $l = a$  and let  $n' = 0$ , so that  $g^{lm}h^n = h^{bm+n}$  is a positive power of  $h$ . If  $b = 0$  let  $l = a$  and  $n' = 1$  so that  $g^{lm}h^n = h^n$  is a positive power of  $h$ . If  $b < 0$  let  $l = a$ ,  $n' = 0$ , and  $n \geq n'$  such that  $n \neq -mb$ . Then  $g^{lm}h^n$  is a non-zero power of  $h$ .

If no non-trivial power of  $g$  is contained in  $\langle h \rangle$ , let  $l = 1$ . By Lemma 3.1, there exists a  $D'$  such that for every  $p \in \mathcal{H}$  and every  $m > 0$  we have  $d_{\mathcal{H}}^x(g^m.p, p) \leq 2d(p, g.p) + D'$ . Let  $D$  be the maximum of  $D'$  and the constant  $D$  from [11, Lemma 5.2]. Let  $p \in \mathcal{H}$  be a point such that  $d(p, g.p)$  is minimal. Let  $n'$  be large enough so that  $d(p, h^{n'}.p) \geq 4d(p, g.p) + 3D$ . Then for  $n \geq n'$  we have  $d(p, h^n.p) \geq d(\pi_{\mathcal{H}}(g^m.p), p) + d(p, \pi_{\mathcal{H}}(\bar{g}^m.p)) + D$ . This implies  $g^{lm}h^n$  is strongly contracting by [11, Lemma 5.2].  $h^n g^{lm}$  is also strongly contracting as it is conjugate to  $g^{lm}h^n$ .  $\square$

For  $i = 1, \dots, n$ , let  $G_i$  be a non-elementary group acting properly discontinuously and cocompactly by isometries on a proper, based, geodesic metric space  $(X_i, d_i, o_i)$ . Assume, for each  $i$ , that  $G_i \curvearrowright X_i$  has a strongly contracting element. Let  $G = G_1 \times \dots \times G_n$ . Let  $\chi_i: G \rightarrow G_i$  be projection to the  $i$ -th coordinate.

**Lemma 3.3.** *Let  $N$  be an infinite normal subgroup of  $G$  such that  $\chi_i(N)$  is infinite for all  $i$ . There exists an element  $h = (h_1, \dots, h_n) \in N$  such that  $h_i$  is a strongly contracting element for  $G_i \curvearrowright X_i$ .*

*Proof.*  $\chi_i(N)$  is an infinite normal subgroup of  $G_i$ , so it contains a strongly contracting element by [1, Proposition 3.1]. For each  $i$ , let  $g_i = (a_{i,1}, \dots, a_{i,n}) \in N$  such that  $a_{i,i}$  is a strongly contracting element for  $G_i \curvearrowright X_i$ .

We will show by induction that there is a product of the  $g_i$  that gives the desired element  $h$ . The element  $g_1$  has a strongly contracting element in its first coordinate. Suppose that there is a product  $f = (f_1, \dots, f_n)$  of  $g_1, \dots, g_i$  such that the first  $i$  coordinates are strongly contracting elements in their coordinate spaces.

For  $1 \leq j \leq i$  there exists an  $l_j$  and an  $n'_j$  as in Lemma 3.2 such that for all  $m$  and all  $n \geq n'_j$ , except possibly one, we have  $a_{i+1,j}^{l_j m} f_j^n$  is strongly contracting. Similarly, there are  $l_{i+1}$  and  $n'_{i+1}$  such that  $a_{i+1,i+1}^{l_{i+1} m} f_{i+1}^{l_{i+1} m}$  is strongly contracting for all  $m > 0$  and  $n \geq n'_{i+1}$ .

Let  $l$  be the least common multiple of  $l_1, \dots, l_i$ . Let  $m$  be large enough so that  $ml \geq n'_{i+1}$ . Let  $\lambda_k = l_{i+1}(k + \max_{j=1, \dots, i} n'_j)$ , where  $k \geq 0$  varies.

Consider  $\underline{g}_{i+1}^{ml} f^{\lambda_k}$ . For  $1 \leq j \leq i$ , the  $j$ -th coordinate is strongly contracting for all except possibly one value of  $k$ , since  $ml$  is a multiple of  $l_j$  and  $\lambda_k \geq n'_j$ . Similarly, the  $(i + 1)$ -st coordinate is strongly contracting for all except possibly one value of  $k$  since  $\lambda_k$  is a multiple of  $l_{i+1}$  and  $ml \geq n'_{i+1}$ . By choosing a  $k$  that is not among the at most  $i + 1$  forbidden values, we have that the first  $i + 1$  coordinates of  $\underline{g}_{i+1}^{ml} f^{\lambda_k}$  are strongly contracting in their coordinate space.  $\square$

We will say an element  $g \in G_i$  has a  $K$ -long  $h_i$ -projection if there exists an  $f \in G_i$  such that  $d_{f\mathcal{H}_i}^\pi(o_i, g.o_i) \geq K$ .

**Lemma 3.4.** *Given  $\underline{h}$  as in Lemma 3.3, there exists an element  $\underline{h}' = (h'_1, \dots, h'_n) \in N$  such that  $h'_i$  is strongly contracting for each  $G_i \curvearrowright X_i$  and there exists a  $K$  such that powers of  $h'_i$  have no  $K$ -long  $h_i$ -projections and powers of  $h_i$  have no  $K$ -long  $h'_i$ -projections.*

*Proof.* For each  $i$ , the group  $G_i$  is non-elementary, so there exists an element  $g_i \in G_i - E(h_i)$ . Let  $\underline{g} = (g_1, \dots, g_n)$ . [1, Proposition 3.1] shows that  $\underline{h}' = \underline{g}\underline{h}^m\overline{\underline{g}}\underline{h}^m \in N$  is strongly contracting in each coordinate for any sufficiently large  $m$ , so  $K$  can be taken to be  $\max_i d_{g_i\mathcal{H}_i}^\pi(\mathcal{H}_i, g_i h_i^m \overline{g_i} \mathcal{H}_i) + 2\xi_i$ , where  $\xi_i$  is chosen by Lemma 2.3.  $\square$

#### 4. Elements without long, positive projections

In the following, let  $G$  be any finitely generated, non-elementary group (not necessarily a product) acting properly discontinuously and cocompactly by isometries on a based proper geodesic metric space  $(\mathcal{X}, d, o)$ . Suppose there exists a strongly contracting element  $h \in G$  for  $G \curvearrowright \mathcal{X}$ . Let  $\mathcal{H} = E(h).o$  and let  $C$  be the contraction constant for  $\pi_{\mathcal{H}}$ .

Let  $D = \text{diam}(G \setminus \mathcal{X})$  and let  $D' = \text{diam}(\langle h \rangle \setminus \mathcal{H})$ .

**Definition 4.1.** For  $x_0$  and  $x_1$  in  $\mathcal{X}$ , the ordered pair  $(x_0, x_1)$  has a  $K$ -long, positive  $h$ -projection if there exists a  $k \in G$  such that  $d_{k\mathcal{H}}^\pi(x_0, x_1) \geq K$  and  $d(k.o, \pi_{k\mathcal{H}}(x_0)) \leq D'$  and there exists  $\alpha > 0$  such that  $d(kh^\alpha.o, \pi_{k\mathcal{H}}(x_1)) \leq D'$ .

It is immediate that the property of having a  $K$ -long, positive  $h$ -projection is invariant under the  $G$ -action. We also remark that the ‘positive’ restriction is vacuous if  $K > 2D'$  and there exists an element of  $G$  that flips the ends of  $\mathcal{H}$ .

**Definition 4.2.** Let  $\widehat{G}(K)$  be the elements  $g \in G$  such that there exist points  $x \in B_D(o)$  and  $y \in B_D(g.o)$  and a geodesic  $\gamma$  from  $x$  to  $y$  such that no subsegment of  $\gamma$  has a  $K$ -long, positive  $h$ -projection.

For any  $g \in G$ , set  $|g| = d(o, g.o)$ .

**Lemma 4.1.** *For all sufficiently large  $K$  and for every  $g \in G - \widehat{G}(K)$  there exists a  $k \in G$  and an interval  $[\alpha', \alpha''] \subset \mathbb{Z}^+$  such that  $|kh^{-\alpha}\bar{k}g| < |g|$  for all  $\alpha' \leq \alpha \leq \alpha''$ . The lower bound  $\alpha'$  depends only on  $h$  and the upper bound  $\alpha''$  depends linearly on  $K$ .*

*Proof.* Let  $\gamma$  be a geodesic from  $\gamma(0) = o$  to  $\gamma(T) = g.o$ . Since  $g \notin \widehat{G}(K)$ , there are times  $t_0$  and  $t_1$  in  $[0, T]$  such that  $(\gamma(t_0), \gamma(t_1))$  has a  $K$ -long, positive  $h$ -projection. Let  $k \in G$  such that  $d_{k\mathcal{H}}^{\pi}(\gamma(t_0), \gamma(t_1)) \geq K$  and  $d(\pi_{k\mathcal{H}}(\gamma(t_0)), k.o)$ , and let  $\beta > 0$  be such that  $d(kh^{\beta}, \pi_{k\mathcal{H}}(\gamma(t_1))) \leq D'$ .

Let  $\lambda, \epsilon$ , and  $\mu$  be the constants of Lemma 2.2 for  $h$ . Let  $\xi$  be the constant of Lemma 2.3 Since  $i \mapsto h^i.o$  is  $(\lambda, \epsilon)$ -quasi-geodesic and  $d(1, h^{\beta}.o) \geq K - 2D' - 2\xi$  we have  $\beta \geq \frac{1}{\lambda}(K - 2D' - 2\xi) - \epsilon$ .

Set  $\alpha'' = \beta$  and  $\alpha' = \lambda(4(C + D' + \xi) + \epsilon + 2\mu + 1)$ . We assume that  $K$  is large enough so that  $\alpha'' \geq \alpha'$ . For all  $\alpha' \leq \alpha \leq \alpha''$  we have

$$d(k.o, kh^{\beta}.o) \geq d(k.o, kh^{\alpha}.o) + d(kh^{\alpha}.o, kh^{\beta}.o) - 2\mu.$$

Rearranging, and using the quasi-geodesic condition for  $k\mathcal{H}$ ,

$$\begin{aligned} d(kh^{\alpha}.o, kh^{\beta}.o) &\leq d(k.o, kh^{\beta}.o) - d(k.o, kh^{\alpha}.o) + 2\mu \\ &\leq d(k.o, kh^{\beta}.o) - (\alpha/\lambda - \epsilon) + 2\mu \\ &< d(k.o, kh^{\beta}.o) - 4(C + D' + \xi). \end{aligned}$$

Now we use the fact that  $\gamma$  passes  $C + D' + \xi$  close to  $k.o$  and  $kh^{\beta}.o$ ,

$$\begin{aligned} |g| &= d(\gamma(0), \gamma(t_0)) + d(\gamma(t_0), \gamma(t_1)) + d(\gamma(t_1), \gamma(T)) \\ &\geq d(\gamma(0), \gamma(t_0)) + d(\gamma(t_0), k.o) + d(k.o, kh^{\beta}.o) \\ &\quad + d(kh^{\beta}.o, \gamma(t_1)) + d(\gamma(t_1), \gamma(T)) - 4(C + D' + \xi). \end{aligned}$$

So,

$$\begin{aligned} |kh^{-\alpha}\bar{k}g| &\leq d(\gamma(0), \gamma(t_0)) + d(\gamma(t_0), k.o) + d(k.o, kh^{-\alpha}\bar{k}kh^{\beta}.o) \\ &\quad + d(kh^{-\alpha}\bar{k}kh^{\beta}.o, kh^{-\alpha}\bar{k}\gamma(t_1)) + d(kh^{-\alpha}\bar{k}\gamma(t_1), kh^{-\alpha}\bar{k}\gamma(T)) \\ &= d(\gamma(0), \gamma(t_0)) + d(\gamma(t_0), k.o) + d(kh^{\alpha}.o, kh^{\beta}.o) \\ &\quad + d(kh^{\beta}.o, \gamma(t_1)) + d(\gamma(t_1), \gamma(T)) \\ &\leq |g| + 4(C + D' + \xi) - d(k.o, kh^{\beta}.o) + d(kh^{\alpha}.o, kh^{\beta}.o) \\ &< |g|. \end{aligned}$$

□

**Lemma 4.2.** *Fix  $K$  and let  $P(r) = \#(B_r(o) \cap \widehat{G}(K).o)$ . The function  $\log P(r)$  is subadditive in  $r$ , up to bounded error.*

*Proof.* Let  $g.o \in B_r(o) \cap \widehat{G}(K).o$ . Let  $x, y$ , and  $\gamma$  be as in Definition 4.2. Let  $m+n = r$ . If  $d(x, y) > m$  let  $z$  be the point on  $\gamma$  at distance  $m$  from  $x$ . Otherwise, let  $z = y$ . There exists an  $f \in G$  such that  $d(z, f.o) \leq D$ .

We claim that  $f$  contributes to  $P(m + 2D)$  and  $\bar{f}g$  contributes to  $P(n + 2D)$ . This is because  $d(o, f.o) \leq m + 2D$ , and the subsegment of  $\gamma$  from  $x$  to  $z$  is a geodesic for  $f$  satisfying Definition 4.2. Similarly,  $d(o, \bar{f}g.o) = d(f.o, g.o) \leq n + 2D$ , and the subsegment of  $\bar{f}.\gamma$  from  $\bar{f}.z$  to  $\bar{f}.y$  is a geodesic for  $\bar{f}g$  satisfying Definition 4.2.

This shows that for any  $m + n = r$  we have  $P(r) \leq P(m + 2D) \cdot P(n + 2D)$ . Applying this relation for  $(m - 2D) + 4D = m + 2D$  and  $(n - 2D) + 4D = n + 2D$  yields:

$$P(r) \leq (P(6D))^2 \cdot P(m) \cdot P(n).$$

Thus:

$$\log P(m + n) \leq \log P(m) + \log P(n) + 2 \log P(6D). \quad \square$$

There is a result known as Fekete’s Lemma that says if  $(a_i)$  is a subadditive sequence then  $\lim_{i \rightarrow \infty} \frac{a_i}{i}$  exists and is equal to  $\inf_i \frac{a_i}{i}$ . We will need the following generalization for almost subadditive sequences:

**Lemma 4.3.** *Let  $(a_i)$  be an unbounded, increasing sequence of positive numbers. Suppose there exists  $b$  such that  $a_{m+n} \leq a_m + a_n + b$  for all  $m$  and  $n$ . Then  $L = \lim_{i \rightarrow \infty} \frac{a_i}{i}$  exists and  $a_i \geq Li - b$  for all  $i$ .*

*Proof.* Let  $L^+ = \limsup_i \frac{a_i}{i}$ . Let  $L^- = \liminf_i \frac{a_i}{i}$ . Suppose that  $L^+ > L^-$ . Let  $\epsilon = \frac{L^+ - L^-}{3}$ . Since the sequence is increasing and unbounded, there exists an  $I$  such that for all  $i > I$  we have  $\frac{a_i + b}{a_i} < \sqrt{\frac{L^+ - \epsilon}{L^- + \epsilon}}$ . Fix an  $i > I$  such that  $\frac{a_i}{i} < L^- + \epsilon$ . Choose a  $j$  such that  $\frac{a_j}{j} > L^+ - \epsilon$  and  $\frac{q+1}{q} < \sqrt{\frac{L^+ - \epsilon}{L^- + \epsilon}}$ , where  $qi \leq j < (q + 1)i$ . We get

$$\begin{aligned} L^+ - \epsilon &< \frac{a_j}{j} \leq \frac{a_j}{qi} \\ &< \frac{(q + 1)(a_i + b)}{qi} \\ &< \frac{L^+ - \epsilon}{L^- + \epsilon} \cdot \frac{a_i}{i} \\ &\leq \frac{L^+ - \epsilon}{L^- + \epsilon} (L^- + \epsilon) \\ &= L^+ - \epsilon. \end{aligned}$$

This is a contradiction, so  $L = L^+ = L^-$ .

If for some  $i$  we have  $a_i < Li - b$  then

$$L = \lim_{j \rightarrow \infty} \frac{a_{ij}}{ij} \leq \lim_{j \rightarrow \infty} \frac{j(a_i + b)}{ij} = \frac{a_i + b}{i} < L,$$

which is a contradiction. □

**4.1. Divergence.** For any subset  $A \subset G$ , define

$$\Theta_A(s) = \sum_{r=0}^{\infty} \#(B_r(o) \cap A.o) e^{-rs}.$$

The growth exponent  $\delta_A$  is the *critical exponent* of  $\Theta_A$ , that is,  $\Theta_A$  diverges for all  $s < \delta_A$  and converges for all  $s > \delta_A$ . We say  $A$  is *divergent* if  $\Theta_A$  diverges at  $\delta_A$ .

**Lemma 4.4.**  $\widehat{G}(K)$  is divergent.

*Proof.* Let

$$P(r) = \#(B_r(o) \cap \widehat{G}(K).o).$$

By [Lemma 4.2](#) and [Lemma 4.3](#),

$$\log P(r) \geq r\delta_{\widehat{G}(K)} - 2 \log P(6D)$$

for all  $r$ . Thus,

$$\Theta_{\widehat{G}(K)}(\delta_{\widehat{G}(K)}) = \sum_{r=0}^{\infty} P(r) \exp(-r\delta_{\widehat{G}(K)}) \geq \sum_{r=0}^{\infty} \frac{1}{P(6D)^2} = \infty. \quad \square$$

**Lemma 4.5.** For sufficiently large  $K$ , the growth exponent of  $\widehat{G}(K)$  is strictly smaller than the growth exponent of  $G$ .

*Proof.* Let  $h' \in G$  and  $D$  be the element and constant, respectively, of [Lemma 3.4](#) (in this case the product has only one factor). Let  $K > D$ .

Define a map  $\phi$  on  $\widehat{G}(K)$  as follows:

$$\phi(g) = \begin{cases} h'g\bar{h}' & \text{if } d_{\mathcal{H}}^{\pi}(o, g.o) \geq K \text{ and } d_{g\mathcal{H}}^{\pi}(o, g.o) \geq K, \\ h'g & \text{if } d_{\mathcal{H}}^{\pi}(o, g.o) \geq K, \\ g\bar{h}' & \text{if } d_{g\mathcal{H}}^{\pi}(o, g.o) \geq K, \\ g & \text{otherwise.} \end{cases}$$

Then for all  $g \in \widehat{G}(K)$  we have

$$d_{\mathcal{H}}^\pi(o, \phi(g).o) < K \quad \text{and} \quad d_{\phi(g)\mathcal{H}}^\pi(o, \phi(g).o) < K.$$

Let  $\widehat{G}'(K)$  be the image of  $\phi$ . Then  $\phi$  is a bijection between  $\widehat{G}(K)$  and  $\widehat{G}'(K)$ , and for all  $g \in \widehat{G}(K)$  we have  $|g| = |\phi(g)| \pm 2|h'|$ . It follows that  $\delta_{\widehat{G}(K)} = \delta_{\widehat{G}'(K)}$  and  $\widehat{G}'(K)$  is divergent.

Let  $Z$  be a maximal  $2K$ -separated subset of  $\widehat{G}'(K)$ . Then  $\delta_Z = \delta_{\widehat{G}'(K)}$  and  $Z$  is divergent. For  $z$  and  $z'$  in  $Z$ , if  $z\mathcal{H} = z'\mathcal{H}$  then since  $d_{z\mathcal{H}}^\pi(o, z.o) < K$  and  $d_{z'\mathcal{H}}^\pi(o, z'.o) < K$  we have  $d(z.o, z'.o) < 2K$ , so  $z = z'$ .

Consider the free product set

$$Z^* * h^m = \bigcup_{i=1}^\infty \{z_1 h^m \cdots z_i h^m \mid z_j \in Z - \{1\}\}.$$

By the same arguments as [1, Proposition 4.1], for all sufficiently large  $m$ , the orbit map is an injection of  $Z^* * h^m$  into  $\mathcal{X}$ . This fact, together with divergence of  $Z$ , implies that  $\delta_Z < \delta_G$ , by [8, Criterion 2.4]. □

### 5. Proof of the main theorem

Let  $(\mathcal{X}_1, d_1, o_1), \dots, (\mathcal{X}_n, d_n, o_n)$  a finite collection of proper geodesic metric spaces. Let  $\mathcal{X} = \mathcal{X}_1 \times \cdots \times \mathcal{X}_n$ , and let  $o = (o_1, \dots, o_n)$ . Let  $\underline{x} = (x_1, \dots, x_n)$  and  $\underline{y} = (y_1, \dots, y_n)$  be any points in  $\mathcal{X}$ . For any  $1 \leq p < \infty$ , the  $L^p$  metric on  $\mathcal{X}$  is defined to be

$$d^p(\underline{x}, \underline{y}) = \left( \sum_{i=1}^n (d_i(x_i, y_i))^p \right)^{1/p}.$$

The  $L^\infty$  metric on  $\mathcal{X}$  is:

$$d^\infty(\underline{x}, \underline{y}) = \max_i d_i(x_i, y_i).$$

**Proposition 5.1.** *For  $i = 1, \dots, n$ , let  $G_i$  be a non-elementary, finitely generated group acting properly discontinuously and cocompactly by isometries on a proper geodesic metric space  $\mathcal{X}_i$ . Let  $G = G_1 \times \cdots \times G_n$ . For each  $i$ , let  $A_i$  be a subset of  $G_i$  such that  $\log P_i(r)$  is subadditive in  $r$ , up to bounded error, for  $P_i(r) = \#(B_r(o_i) \cap A_i.o_i)$ . Let  $\delta_i = \delta_{A_i.o_i}$  be the growth exponent of  $A_i$ . For  $1 \leq p \leq \infty$ , the growth exponent  $\delta_A$  of  $A = \prod_i^n A_i$  with respect to the  $L^p$  metric on  $\mathcal{X}$  is the  $L^q$ -norm of  $(\delta_1, \dots, \delta_n)$ , where  $1/p + 1/q = 1$ , and  $\frac{1}{\infty}$  is understood to be 0.*

*Proof.* For each  $g \in G_i$  let  $|g|_i = d_i(o_i, g.o_i)$ . For  $g = (g_1, \dots, g_n) \in G$ , let  $|g|_p = d^p(o, g.o)$ . Let  $B_r^p$  be the closed  $r$ -ball with respect to the  $L^p$  metric.

Let  $P(r) = \#B_r^p(o) \cap A.o$ .

Let  $\mathbb{R}^n$  be equipped with the  $L^p$  norm  $\|\cdot\|_p$ , and let  $S_r^p$  be the vectors of norm  $r$ . Let  $\phi: \mathbb{R}^n \rightarrow \mathbb{R}$  be the linear function  $\phi(x_1, \dots, x_n) = \sum_{i=1}^n \delta_i x_i$ . For every  $r > 0$  the duality of  $L^q$  and  $L^p$  implies

$$\|(\delta_1, \dots, \delta_n)\|_q = \|\phi\|_p = \sup_{(x_1, \dots, x_n) \in S_r^p} \frac{|\phi(x_1, \dots, x_n)|}{r}.$$

Since  $\delta_i \geq 0$  for all  $i$ , the supremum can be restricted to the positive sector of  $S_r^p$ . Furthermore, letting

$$Z_r^p = \{(r_1, \dots, r_n) \mid \|(r_1, \dots, r_n)\|_p \leq r, r_i \in \mathbb{N}\},$$

we have

$$\|\phi\|_p = \lim_{r \rightarrow \infty} \max_{(r_1, \dots, r_n) \in Z_r^p} \frac{\phi(r_1, \dots, r_n)}{r}.$$

Given two positive valued functions  $f(r)$  and  $g(r)$ , we write  $f(r) \sim g(r)$  if  $\lim_{r \rightarrow \infty} \frac{\log f(r)}{\log g(r)} = 1$ .

**Lemma 4.2** and **Lemma 4.3** imply  $P_i(r) \sim e^{\delta_i r}$  for each  $i = 1, \dots, n$ , so

$$\begin{aligned} \|\phi\|_p &= \lim_{r \rightarrow \infty} \max_{(r_1, \dots, r_n) \in Z_r^p} \frac{\phi(r_1, \dots, r_n)}{r} \\ &= \lim_{r \rightarrow \infty} \max_{(r_1, \dots, r_n) \in Z_r^p} \frac{\log \prod_{i=1}^n P_i(r_i)}{r}. \end{aligned}$$

For any fixed  $r$  there is  $(z_{r,1}, \dots, z_{r,n}) \in Z_r^p$  such that

$$\prod_{i=1}^n P_i(z_{r,i}) = \max_{(r_1, \dots, r_n) \in Z_r^p} \prod_{i=1}^n P_i(r_i).$$

We also note that

$$\prod_{i=1}^n P_i(z_{r,i}) \leq P(r) \leq \sum_{(r_1, \dots, r_n) \in Z_r^p} \prod_{i=1}^n P_i(r_i) \leq \#Z_r^p \cdot \prod_{i=1}^n P_i(z_{r,i}).$$

Since  $\#Z_r^p \leq r^n$ , this means  $P(r) \sim \prod_i^n P_i(z_{r,i})$ . Therefore,

$$\begin{aligned} \delta_A &= \limsup_{r \rightarrow \infty} \frac{\log P(r)}{r} = \lim_{r \rightarrow \infty} \frac{\log \prod_{i=1}^n P_i(z_{r,i})}{r} \\ &= \lim_{r \rightarrow \infty} \max_{(r_1, \dots, r_n) \in Z_r^p} \frac{\log \prod_{i=1}^n P_i(r_i)}{r} \\ &= \|\phi\|_p = \|(\delta_1, \dots, \delta_n)\|_q. \end{aligned}$$

□

*Proof of Theorem 1.1.* The existence of a strongly contracting element implies that each factor group has strictly positive growth exponent, and the main theorem of [1] says that  $G_i \curvearrowright \mathcal{X}_i$  is growth tight, so we are done if  $n = 1$ .

Assume  $n > 1$  and let  $1 \leq q \leq \infty$  be such that  $1/p + 1/q = 1$ . If  $p = 1$ , then by Proposition 5.1 the growth exponent of  $G$  is the maximum of the growth exponents of the  $G_i$ . Thus, we may kill the slowest growing factor without changing the growth exponent, and the action of  $G$  on  $\mathcal{X}$  with the  $L^1$  metric is not growth tight.

Now assume  $p > 1$ . Let  $\chi_i: G \rightarrow G_i$  be projection to the  $i$ -th coordinate. Let  $N$  be an infinite normal subgroup of  $G$ .

First we assume that  $\chi_i(N)$  is infinite for all  $i$ .

By Lemma 3.3, there exists an element  $\underline{h} = (h_1, \dots, h_n) \in N$  such that  $h_i$  is a strongly contracting element for  $G_i \curvearrowright X_i$  for each  $i$ .

Let  $A$  be a minimal section of the quotient map  $G \rightarrow G/N$ . That is,  $A$  consists of a representative for each coset  $gN$  and  $d(o, \underline{a}.o) = d(N.o, \underline{a}N.o)$  for all  $\underline{a} \in A$ , where  $d$  is the  $L^p$  metric on  $\mathcal{X}$ .

**Proposition 5.2.** *For all sufficiently large  $K$  and for all  $\underline{a} = (a_1, \dots, a_n) \in A$  there exists an index  $1 \leq i \leq n$  such that  $a_i \in \widehat{G}_i(K)$ .*

*Proof.* For each  $i$ , let  $\widehat{G}_i(K)$  be as in Definition 4.2 for each  $G_i$ . Assume  $K$  is greater than the constants  $K$  from Lemma 4.5 and Lemma 4.1 applied to each  $G_i$ .

Suppose  $\underline{a}$  is such that for all  $i$  we have  $a_i \in G_i - \widehat{G}_i(K)$ . For each  $i$ , let  $k_i \in G_i$  and  $[\alpha'_i, \alpha''_i]$  be the  $k$  and interval, respectively, from Lemma 4.1 applied to  $a_i$ . The  $\alpha'_i$  depend only on their respective  $h_i$ , while the  $\alpha''_i$  depend linearly on  $K$ . By choosing  $K$  large enough, we may choose  $\alpha$  such that  $\max_i \alpha'_i \leq \alpha \leq \min_i \alpha''_i$ , so that  $\alpha \in [\alpha'_i, \alpha''_i]$  for all  $i$ . Let  $\underline{k} = (k_1, \dots, k_n)$ . The  $i$ -th coordinate of  $\underline{k}\overline{h}^\alpha\overline{k}\underline{a}$  is  $k_i\overline{h}_i^\alpha\overline{k}_i a_i$ , which is shorter than  $a_i$  by Lemma 4.1. But this means that  $\underline{k}\overline{h}^\alpha\overline{k}\underline{a}$  is shorter than  $\underline{a}$ . This contradicts the fact that  $\underline{a}$  belongs to a minimal section, since  $\underline{k}\overline{h}^\alpha\overline{k}\underline{a} = \underline{a}(\overline{a}\overline{k}\overline{h}^\alpha\overline{k}\underline{a}) \in \underline{a}N$ . △

Continuing the proof of Theorem 1.1, by Proposition 5.2,

$$A \subset \bigcup_{i=1}^n G_1 \times \dots \times \widehat{G}_i \times \dots \times G_n,$$

where  $\widehat{G}_i = \widehat{G}_i(K)$  for some sufficiently large  $K$ . By Proposition 5.1, the growth exponent of  $G_1 \times \dots \times \widehat{G}_i \times \dots \times G_n$  is  $\|(\delta_1, \dots, \widehat{\delta}_i, \dots, \delta_n)\|_q$ , where  $\delta_i$  is the growth exponent of  $G_i$  and  $\widehat{\delta}_i$  is the growth exponent of  $\widehat{G}_i$ . Thus, the growth exponent of  $A$  is  $\max_i \|(\delta_1, \dots, \widehat{\delta}_i, \dots, \delta_n)\|_q$ . By Lemma 4.5,  $\widehat{\delta}_i < \delta_i$  for each  $i$ , so, since  $q < \infty$ :

$$\delta_{G/N} = \delta_A = \max_i \|(\delta_1, \dots, \widehat{\delta}_i, \dots, \delta_n)\|_q < \|(\delta_1, \dots, \delta_n)\|_q = \delta_G.$$



It remains to consider the case that some  $\chi_i(N)$  is finite. By reordering, if necessary, we may assume  $\chi_i(N)$  is finite for  $i \leq m$  and infinite for  $i > m$ . Since  $N$  is infinite,  $m < n$ . Let  $G^1 = G_1 \times \cdots \times G_m$  with  $\chi^1 = \chi_1 \times \cdots \times \chi_m: G \rightarrow G^1$ . Let  $G^\infty = G_{m+1} \times \cdots \times G_n$  with  $\chi^\infty = \chi_{m+1} \times \cdots \times \chi_n: G \rightarrow G^\infty$ .

Now  $\ker(\chi^1) \cap N$  is a finite index subgroup of  $N$  that is normal in  $G$ , so  $G/N$  is a quotient of  $G/(\ker(\chi^1) \cap N)$  by a finite group, and they have the same growth rates. Replacing  $N$  with  $\ker(\chi^1) \cap N$ , we can assume that  $\chi_i(N)$  is trivial for  $1 \leq i \leq m$  and infinite for  $m < i \leq n$ . The theorem applied to  $G^\infty$  shows that  $\delta_{G^\infty/\chi^\infty(N)} < \delta_{G^\infty}$ , so, since  $q < \infty$ :

$$\delta_{G/N} = \|(\delta_{G^1}, \delta_{G^\infty/\chi^\infty(N)})\|_q < \|(\delta_{G^1}, \delta_{G^\infty})\|_q = \delta_G. \quad \square$$

In the case that the normal subgroup has infinite projection to each factor, our proof uses the existence of a contracting element in each factor in an essential way. One wonders if the theorem is still true without this hypothesis:

**Question.** *If, for  $1 \leq i \leq n$ ,  $G_i$  is a non-elementary, finitely generated group acting properly discontinuously and cocompactly by isometries on a proper geodesic metric space  $\mathcal{X}_i$ , and if, for all  $i$ ,  $G_i \curvearrowright \mathcal{X}_i$  is growth tight, is it still true that the product group is growth tight with respect to the action on the product space with the  $L^p$  metric for some/all  $p > 1$ ?*

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