# Ergodicity

Definition: A measure  $\mu$  for a dynamical system (X, T) is ergodic if

 $\mu(A) = 0 \text{ or } \mu(A^{c}) = 0$ 

for every measurable  $A \subset X$  such that  $T^{-1}(A) = A \mod \mu$ .

- Here T<sup>-1</sup>(A) = A mod µ means that the mass of the symmetric difference µ(T<sup>-1</sup>(A)△A) = 0.
- If µ is a probability measure, the we can write µ(A) = 0 or 1 for every measurable A ⊂ X such that T<sup>-1</sup>(A) = A mod µ. As stated, the definition also applies to infinite measures.
- Usually ergodicity is stated for invariant measures, but the definition wroks for non-invariant measures too.

# Ergodicity

Ergodicity means that the space X doesn't fall apart in two separate parts.

Example 1: T is the doubling map on  $X = \mathbb{S}^1$  and  $\mu = \frac{1}{2}(\text{Leb} + \delta_0)$ . This measure is not ergodic, because  $A = \{0\}$  and  $A^c = \mathbb{S}^1 \setminus \{0\}$ are both invariant mod  $\mu$ , but  $\mu(A) = \mu(A^c) = \frac{1}{2}$ .

**Example 2**: X = [0, 1] and

$$T(x) = \begin{cases} \frac{1}{2} - 2x & \text{if } x \in [0, \frac{1}{4}];\\ 2x - \frac{1}{2} & \text{if } x \in [\frac{1}{4}, \frac{3}{4}];\\ \frac{5}{2} - 2x & \text{if } x \in [0, \frac{1}{4}]. \end{cases}$$



Lebesgue measure T-invariant but not ergodic, because  $A = [0, \frac{1}{2}]$ and  $A^c = (\frac{1}{2}, 1]$  are both invariant mod  $\mu$ , but  $\mu(A) = \mu(A^c) = \frac{1}{2}$ . ▲□▶ ▲□▶ ▲□▶ ▲□▶ ▲□ ● ● ●

# Ergodicity

Proposition: Let  $\mu$  be an invariant measure for (X, T). Then  $\mu$  is ergodic if and only if the only *T*-invariant functions  $\psi \in L^1(\mu)$  *i.e.*,  $\psi \circ T = \psi \mu$ -a.e., are constant  $\mu$ -a.e.

**Proof:**  $\Rightarrow$  Let  $\psi : X \to \mathbb{R}$  be *T*-invariant  $\mu$ -a.e., but not constant. Thus there exists  $a \in \mathbb{R}$  such that

 $\mathsf{A}:=\psi^{-1}((-\infty,a]) \quad ext{ and } \quad \mathsf{A}^{\mathsf{c}}=\psi^{-1}((a,\infty))$ 

both have positive measure. By *T*-invariance,  $T^{-1}A = A \pmod{\mu}$ , and we have a contradiction to ergodicity.

 $\leftarrow$  Let A be a set of positive measure such that  $T^{-1}A = A$ . Let  $\psi = 1_A$  be its indicator function; it is T-invariant because A is T-invariant. By assumption,  $\psi$  is constant  $\mu$ -a.e., but as  $\psi(x) = 0$  for  $x \in A^c$ , it follows that  $\mu(A^c) = 0$ .

# Proving Ergodicity

Proving that a measure is ergodic is not always simple. We illustrate two different proofs, applicable to different systems.

Lemma 1: Lebesgue measure ergodic for the doubling map  $T : \mathbb{S}^1 \to \mathbb{S}^1$ ,  $x \mapsto 2x \mod 1$ .

**Proof:** Suppose by contradiction that A and B are disjoint T-invariant sets, both of positive measure.

Lebesgue measure has the property that if Leb(A) > 0, then Leb-a.e.  $x \in A$  is a density point, which means that

$$\lim_{\varepsilon \to 0} \sup_{x \in J, \operatorname{diam}(J) < \varepsilon} \frac{\operatorname{Leb}(A \cap J)}{\operatorname{Leb}(J)} = 1.$$

That is, the closer to  $x \in A$ , the more points belong to A, relatively.

#### Invariant Measures

Take x and y density points of A and B respectively. Let  $J_x \ni x$ and  $J_y \ni y$  be dyadic intervals of length  $2^{-n}$  where  $n \in \mathbb{N}$  is so large that

$$\frac{\operatorname{Leb}(J_x \cap A)}{\operatorname{Leb}(J_x)} > \frac{2}{3} \quad \text{and} \quad \frac{\operatorname{Leb}(J_y \cap B)}{\operatorname{Leb}(J_y)} > \frac{2}{3}$$

By linearity and T-invariance of A and B also:

 $\frac{\operatorname{Leb}(\mathcal{T}^n(J_x \cap A))}{\operatorname{Leb}(\mathcal{T}^n(J_x)))} > \frac{2}{3} \quad \text{and} \quad \frac{\operatorname{Leb}((\mathcal{T}^n(J_y \cap B)))}{\operatorname{Leb}(\mathcal{T}^n(J_y)))} > \frac{2}{3}.$ But  $\mathcal{T}^n(J_x) = \mathcal{T}^n(J_y) = \mathbb{S}^1$ . Therefore  $\operatorname{Leb}(A) > \frac{2}{3} \quad \text{and} \quad \operatorname{Leb}(B) > \frac{2}{3}.$ This contradicts that A and P are divisint. This concludes the

This contradicts that A and B are disjoint. This concludes this proof by contradiction.

# Proving Ergodicity

Lemma 2: Let  $\alpha \in \mathbb{R}$  be irrational. Lebesgue measure ergodic for the doubling map  $R_{\alpha} : \mathbb{S}^1 \to \mathbb{S}^1$ ,  $x \mapsto x + \alpha \mod 1$ .

Exercise 3.7: Show that Lebesgue measure is not ergodic if  $\alpha \in \mathbb{Q}$ .

**Proof of Lemma 2:** We show that every T-invariant function  $\psi \in L^2$  must be constant. Indeed, write

$$\psi(x) = \sum_{n \in \mathbb{Z}} a_n e^{2\pi i n x}$$

as a Fourier series. The T-invariance implies

$$\psi \circ T(x) = \sum_{n \in \mathbb{Z}} a_n e^{2\pi i n(x+\alpha)} = \sum_{n \in \mathbb{Z}} a_n e^{2\pi i n \alpha} e^{2\pi i n x} = \psi(x)$$

so  $a_n e^{2\pi i n \alpha} = a_n$  for all  $n \in \mathbb{Z}$ . Since  $\alpha \notin \mathbb{Q}$ , we have  $a_n = 0$  for all  $n \neq 0$ , so  $\psi(x) \equiv a_0$  is indeed constant. Finally,  $L^2$  is dense in  $L^1$ , so the same conclusion holds for  $\psi \in L^1$ .

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## **Circle Rotations**

Another Lebesgue preserving map that we will frequently use as example is the circle rotation:

 $R_{\alpha}: \mathbb{S}^1 \to \mathbb{S}^1, \qquad R_{\alpha}(x) = x + \alpha \mod 1.$ 

- $\blacktriangleright$  Lebesgue measure is always  $R_{lpha}$ -invariant, regardless what lpha is.
- If α ∈ Q, then every orbit is periodic. Hence for every x ∈ S<sup>1</sup>, there is an atomic R<sub>α</sub>-measure such that μ({x}) > 0.
- If  $\alpha \notin \mathbb{Q}$ , then every orbit is dense in  $\mathbb{S}^1$ .

Exercise 3.2: If  $\alpha \notin \mathbb{Q}$  and  $\mu$  is an  $R_{\alpha}$ -invariant atomic measure, show that  $\mu$  is an infinite measure:  $\mu(\mathbb{S}^1) = \infty$ . Are all infinite  $R_{\alpha}$ -invariant measure atomic?

The rotation  $R_{\alpha} : \mathbb{S}^1 \to \mathbb{S}^1$  is defined as  $R_{\alpha}(x) = x + \alpha \pmod{1}$ . Let  $\alpha$  be irrational.

Theorem (Poincaré): Every orbit is dense in  $\mathbb{S}^1$ , and for every interval J and every  $x \in \mathbb{S}^1$ , the visit frequency

$$v(J) := \lim_{n \to \infty} \frac{1}{n} \# \{ 0 \le i < n : R^i_\alpha(x) \in J \} = |J|.$$



Figure: Henri Poicaré (1854-1912): pioneer of dynamical systems.

**Proof:** As  $\alpha \notin \mathbb{Q}$ , then x cannot be periodic, so its orbit is infinite. Let  $\varepsilon > 0$ . Since  $\mathbb{S}^1$  is compact, there must be m < n such that

 $0 < \delta := d(R^m_{\alpha}(x), R^n_{\alpha}(x)) < \varepsilon.$ 

Since  $R_{lpha}$  is an isometry,

$$|R_{\alpha}^{k(n-m)}(x) - R_{\alpha}^{(k+1)(n-m)}(x)| = \delta$$

for every  $k \in \mathbb{Z}$ , and

 $\{R^{k(n-m)}_{\alpha}(x): k \in \mathbb{Z}\}$ 

is a collection of points such that every two neighbours are exactly  $\delta$  apart. Since  $\varepsilon > \delta$  is arbitrary, this shows that  $\operatorname{orb}(x)$  is dense.

Let  $J_{\delta}^{0} = [R_{\alpha}^{m}(x), R_{\alpha}^{n}(x))$  and  $J_{\delta}^{k} = R_{\alpha}^{k(n-m)}(J_{\delta})$ . Then for  $K = \lfloor 1/\delta \rfloor$ ,  $\{J_{\delta}^{k}\}_{k=0}^{K}$  is a cover  $\mathbb{S}^{1}$  of adjacent intervals, each of length  $\delta$ , and  $R_{\alpha}^{j(n-m)}$  is an isometry from  $J_{\delta}^{i}$  to  $J_{\delta}^{i+j}$ . Therefore the visit frequencies

$$\underline{v}_k = \liminf_n \frac{1}{n} \# \{ 0 \le i < n : R^i_\alpha(x) \in J^k_\delta \}$$

are all the same for  $0 \le k \le K$ , and together they add up to at most  $1 + \frac{1}{K}$ . This shows for example that

$$\frac{1}{K+1} \leq \underline{v}_k \leq \overline{v}_k := \limsup_n \frac{1}{n} \# \{ 0 \leq i < n : R^i_\alpha(x) \in J^k_\delta \} \leq \frac{1}{K},$$

and these inequalities are independent of the point x.

Now an arbitrary interval J can be covered by  $\lfloor |J|/\delta \rfloor + 2$  such adjacent  $J_{\delta}^k$ , so

$$v(J) \leq \left(\frac{|J|}{\delta}+2
ight) \frac{1}{K} \leq \left(|J|(K+1)+2
ight) \frac{1}{K} \leq |J|+\frac{3}{K}.$$

A similar computation gives  $v(J) \ge |J| - \frac{3}{K}$ .

Taking  $\varepsilon \to 0$  (hence  $\delta \to 0$  and  $K \to \infty$ ), we find that the limit v(J) indeed exists, and is equal to |J|. This concludes the proof.

Example: Consider the first digits of the powers of 2.

1	<b>1</b> 6	<mark>2</mark> 56	<b>4</b> 096	
2	<mark>3</mark> 2	<mark>5</mark> 12	<mark>8</mark> 192	
4	<mark>6</mark> 4	<mark>1</mark> 024	<mark>1</mark> 6384	etc.
8	<mark>1</mark> 28	<mark>2</mark> 048	<mark>3</mark> 2768	

Exercise 3.3: Does 9 ever appear as first digit?

Exercise 3.4: Does 2 appear infinitely often?

Exercise 3.5: With which frequency does 1 appear?

Hint for Solution: Define  $h : \mathbb{R}^+ \to \mathbb{S}^1$  as  $h(x) = \log_{10} x \mod 1$ . Then

 $h(2x)=h(x)+\log_{10}2.$ 

so the following diagram commutes:



and note also that  $\log_{10} 2 \neq \mathbb{Q}$ .

The first digit of  $2^n$  is  $b \in \{1, \ldots, 9\}$  if and only if

 $n \log_{10} 2 \in [\log_{10} b, \log_{10} b + 1).$ 

Definition: A system (X, T) is called uniquely ergodic if there is exactly one T-invariant **probability** measure.

Irrational rotations  $R_{\alpha}$  are uniquely ergodic, with Lebesgue as unique  $R_{\alpha}$ -invariant probability measure.

**Exercise 3.6:** Show that the unique invariant meaure of a uniquely ergodic system is necessarily ergodic.

Oxtoby's Theorem: Let X be a compact space and  $T: X \to X$  continuous. A transformation (X, T) is uniquely ergodic if and only if, for every continuous function  $\psi$  and every point  $x \in X$ , the Birkhoff averages

$$\frac{1}{n}\sum_{i=0}^{n-1}\psi\circ T^{i}(x)$$

converge uniformly to a constant function.

**Proof:** If  $\mu$  and  $\nu$  were two different ergodic measures, then we can find a continuous function  $f : X \to \mathbb{R}$  such that  $\int f d\mu \neq \int f d\nu$ . Using Birkhoff's Ergodic Theorem for both measures (with their own typical points x and y), we see that

$$\lim_{n}\frac{1}{n}\sum_{k=0}^{n-1}f\circ T^{k}(x)=\int fd\mu\neq\int fd\nu=\lim_{n}\frac{1}{n}\sum_{k=0}^{n-1}f\circ T^{k}(y),$$

so there is not even convergence to a constant function.

# Unique ergodicity

Conversely, we know by the Ergodic Theorem that  $\lim_{n} \frac{1}{n} \sum_{k=0}^{n-1} f \circ T^{k}(x) = \int f d\mu$  is constant  $\mu$ -a.e. But if the convergence is not uniform, then there is a sequence  $(y_{i}) \subset X$  and  $(n_{i}) \subset \mathbb{N}$ , such that

$$\lim_{i} \frac{1}{n_i} \sum_{k=0}^{n_i-1} f \circ T^k(y_i) \neq \int_X f d\mu$$

Define probability measures  $\nu_i := \frac{1}{n_i} \sum_{k=0}^{n_i-1} \delta_{\mathcal{T}^k(x_i)}$ . This sequence  $(\nu_i)$  has a weak accumulation points  $\nu$  which is shown to be  $\mathcal{T}$ -invariant measures in the same way as in the proof of Krylov-Bogol'ubov Theorem. But  $\nu \neq \mu$  because  $\int f \, d\nu \neq \int f \, d\mu$ . Hence  $(X, \mathcal{T})$  cannot be uniquely ergodic.