

# Decompositions of Ehrhart $h^*$ -polynomials for rational polytopes

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**Abstract.** The Ehrhart quasipolynomial of a rational polytope  $P$  encodes the number of integer lattice points in dilates of  $P$ , and the  $h^*$ -polynomial of  $P$  is the numerator of the accompanying generating function. We provide two decomposition formulas for the  $h^*$ -polynomial of a rational polytope. The first decomposition generalizes a theorem of Betke and McMullen for lattice polytopes. We use our rational Betke–McMullen formula to provide a novel proof of Stanley’s Monotonicity Theorem for the  $h^*$ -polynomial of a rational polytope. The second decomposition generalizes a result of Stapledon, which we use to provide rational extensions of the Stanley and Hibi inequalities satisfied by the coefficients of the  $h^*$ -polynomial for lattice polytopes. Lastly, we apply our results to rational polytopes containing the origin whose duals are lattice polytopes.

**Keywords:** Ehrhart quasipolynomial, Ehrhart series, generating function,  $h^*$ -polynomial

## 1 Introduction

For a  $d$ -dimensional rational polytope  $P \subset \mathbb{R}^d$  (i.e., the convex hull of finitely many points in  $\mathbb{Q}^d$ ) and a positive integer  $t$ , let  $L_P(t)$  denote the number of integer lattice points in  $tP$ . Ehrhart’s theorem [3] tells us that  $L_P(t)$  is of the form  $\text{vol}(P) t^d + k_{d-1}(t) t^{d-1} + \dots + k_1(t) t + k_0(t)$ , where  $k_0(t), k_1(t), \dots, k_{d-1}(t)$  are periodic functions in  $t$ . We call  $L_P(t)$  the *Ehrhart quasipolynomial* of  $P$ , and Ehrhart proved that each period of  $k_0(t), k_1(t), \dots, k_{d-1}(t)$  divides the *denominator*  $q$  of  $P$ , which is the least common multiple of all its vertex coordinate denominators. The *Ehrhart series* is the rational generating function

$$\text{Ehr}(P; z) := \sum_{t \geq 0} L(P; t) z^t = \frac{h^*(P; z)}{(1 - z^q)^{d+1}},$$

where  $h^*(P; z)$  is a polynomial of degree less than  $q(d + 1)$ , the  $h^*$ -polynomial of  $P$ .<sup>1</sup>

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<sup>1</sup>Note that the  $h^*$ -polynomial depends not only on  $q$  (though that is implicitly determined by  $P$ ), but also on our choice of representing the rational function  $\text{Ehr}(P; z)$ , which in our form will not be in lowest terms.

Our first main contributions are generalizations of two well-known decomposition formulas of the  $h^*$ -polynomial for lattice polytopes due to Betke–McMullen [2] and Stapledon [11]. (All undefined terms are specified in the sections below.)

**Theorem 3.2.** For a triangulation  $T$  with denominator  $q$  of a rational  $d$ -polytope  $P$ ,

$$\text{Ehr}(P; z) = \frac{\sum_{\Omega \in T} B(\Omega; z) h(\Omega; z^q)}{(1 - z^q)^{d+1}}.$$

**Theorem 4.4.** Consider a rational  $d$ -polytope  $P$  that contains an interior point  $\frac{\mathbf{a}}{\ell}$ , where  $\mathbf{a} \in \mathbb{Z}^d$  and  $\ell \in \mathbb{Z}_{>0}$ . Fix a boundary triangulation  $T$  of  $P$  with denominator  $q$ . Then

$$h^*(P; z) = \frac{1 - z^q}{1 - z^\ell} \sum_{\Omega \in T} (B(\Omega; z) + B(\Omega'; z)) h(\Omega; z^q).$$

Our second main result is a generalization of inequalities provided by Hibi [5] and Stanley [9] that are satisfied by the coefficients of the  $h^*$ -polynomial for lattice polytopes.

**Theorem 4.7.** Let  $P$  be a rational  $d$ -polytope with denominator  $q$ , let  $s := \deg h^*(P; z)$ . The  $h^*$ -vector  $(h_0^*, \dots, h_{q(d+1)-1}^*)$  of  $P$  satisfies the following inequalities:

$$h_0^* + \dots + h_{i+1}^* \geq h_{q(d+1)-1}^* + \dots + h_{q(d+1)-1-i}^*, \quad i = 0, \dots, \left\lfloor \frac{q(d+1) - 1}{2} \right\rfloor - 1, \quad (1.1)$$

$$h_s^* + \dots + h_{s-i}^* \geq h_0^* + \dots + h_i^*, \quad i = 0, \dots, q(d+1) - 1. \quad (1.2)$$

Inequality (1.1) is a generalization of a theorem by Hibi [5] for lattice polytopes, and (1.2) generalizes an inequality given by Stanley [9] for lattice polytopes, namely the case when  $q = 1$ . Both inequalities follow from the  $a/b$ -decomposition of the  $\overline{h^*}$ -polynomial for rational polytopes given in Theorem 4.6 in Section 4, which in turn generalizes results (and uses rational analogues of techniques) by Stapledon [11].

This paper is an extended abstract of [1] and some proofs are omitted. The paper is structured as follows. In Section 2 we provide notation and background. In Section 3 we prove Theorem 3.2 and use this to give a novel proof of Stanley’s Monotonicity Theorem. In Section 4 we prove Theorems 4.4 and 4.7. We conclude in Section 5 with some applications.

## 2 Set-Up and Notation

A *pointed simplicial cone* is a set of the form

$$K(\mathbf{w}) = \left\{ \sum_{i=1}^n \lambda_i \mathbf{w}_i : \lambda_i \geq 0 \right\},$$

where  $\mathbf{W} := \{\mathbf{w}_1, \dots, \mathbf{w}_n\}$  is a set of  $n$  linearly independent vectors in  $\mathbb{R}^d$ . If we can choose  $\mathbf{w}_i \in \mathbb{Z}^d$  then  $K(\mathbf{W})$  is a *rational cone* and we assume this throughout this paper. Define the *open parallelepiped* associated with  $K(\mathbf{W})$  as

$$\text{Box}(\mathbf{W}) := \left\{ \sum_{i=1}^n \lambda_i \mathbf{w}_i : 0 < \lambda_i < 1 \right\}. \quad (2.1)$$

Observe that we have the natural involution  $\iota : \text{Box}(\mathbf{W}) \cap \mathbb{Z}^d \rightarrow \text{Box}(\mathbf{W}) \cap \mathbb{Z}^d$  given by

$$\iota \left( \sum_i \lambda_i \mathbf{w}_i \right) := \sum_i (1 - \lambda_i) \mathbf{w}_i. \quad (2.2)$$

We set  $\text{Box}(\{0\}) := \{0\}$ .

Let  $u : \mathbb{R}^d \rightarrow \mathbb{R}$  denote the projection onto the last coordinate. We then define the *box polynomial* as

$$B(\mathbf{W}; z) := \sum_{\mathbf{v} \in \text{Box}(\mathbf{W}) \cap \mathbb{Z}^d} z^{u(\mathbf{v})}. \quad (2.3)$$

If  $\text{Box}(\mathbf{W}) \cap \mathbb{Z}^d = \emptyset$ , then we set  $B(\mathbf{W}; z) = 0$ . We also define  $B(\emptyset; z) = 1$ .

**Lemma 2.1.**  $B(\mathbf{W}; z) = z^{\sum_i u(\mathbf{w}_i)} B\left(\mathbf{W}; \frac{1}{z}\right)$ .

Next, we define the *fundamental parallelepiped*  $\Pi(\mathbf{W})$  to be a half-open variant of  $\text{Box}(\mathbf{W})$ , namely,

$$\Pi(\mathbf{W}) := \left\{ \sum_{i=1}^n \lambda_i \mathbf{w}_i : 0 \leq \lambda_i < 1 \right\}.$$

We also want to cone over a polytope  $P$ . If  $P \subset \mathbb{R}^d$  is a rational polytope with vertices  $\mathbf{v}_1, \dots, \mathbf{v}_n \in \mathbb{Q}^d$ , we lift the vertices into  $\mathbb{R}^{d+1}$  by appending a 1 as the last coordinate. Then

$$\text{cone}(P) = \left\{ \sum_{i=1}^n \lambda_i (\mathbf{v}_i, 1) : \lambda_i \geq 0 \right\} \subset \mathbb{R}^{d+1}. \quad (2.4)$$

We say a point is at *height*  $k$  in the cone if the point lies on  $\text{cone}(P) \cap \{\mathbf{x} : x_{d+1} = k\}$ . Note that  $qP$  is embedded in  $\text{cone}(P)$  as  $\text{cone}(P) \cap \{\mathbf{x} : x_{d+1} = q\}$ .

A *triangulation*  $T$  of a  $d$ -polytope  $P$  is a subdivision of  $P$  into simplices (of all dimensions). If all the vertices of  $T$  are rational points, define the *denominator* of  $T$  to be the least common multiple of all the vertex coordinate denominators of the faces of  $T$ . For each  $\Delta \in T$ , we define the  *$h$ -polynomial* of  $\Delta$  with respect to  $T$  as

$$h_T(\Delta; z) := (1 - z)^{d - \dim(\Delta)} \sum_{\Delta \subseteq \Phi \in T} \left( \frac{z}{1 - z} \right)^{\dim(\Phi) - \dim(\Delta)}, \quad (2.5)$$

where the sum is over all simplices  $\Phi \in T$  containing  $\Delta$ . When  $T$  is clear from context, we omit the subscript. Note that when  $T$  is a boundary triangulation of  $P$ , the definition of the  $h$ -vector will be adjusted according to dimension, that is,  $d$  should be replaced by  $d - 1$  in (2.5).

For a  $d$ -simplex  $\Delta$  with denominator  $p$ , let  $\mathbf{W}$  be the set of ray generators of cone  $(\Delta)$  at height  $p$ , which are all integral. We then define the  $h^*$ -polynomial of  $\Delta$  as the generating function of the last coordinate of integer points in  $\Pi(\mathbf{W}) =: \Pi(\Delta)$ , that is,  $h^*(\Delta; z) = \sum_{\mathbf{v} \in \Pi(\Delta) \cap \mathbb{Z}^{d+1}} z^{u(\mathbf{v})}$ . With this consideration, the Ehrhart series of  $\Delta$  can be expressed as  $\text{Ehr}(\Delta; z) = \frac{h^*(\Delta; z)}{(1-z^p)^{d+1}}$ . We adjust this definition when  $\Delta$  is a rational  $m$ -simplex of a triangulation  $T$  with denominator  $q$ . Namely, we let  $\mathbf{W} = \{(\mathbf{r}_1, q), \dots, (\mathbf{r}_{m+1}, q)\}$ , where the  $(\mathbf{r}_i, q)$  are integral ray generators of cone  $(\Delta)$  at height  $q$ . The corresponding  $h^*$ -polynomial of  $\Delta$  is a function of  $q$  and the Ehrhart series of  $\Delta$  can be expressed as

$$\text{Ehr}(\Delta; z) = \frac{h^*(\Delta; z)}{(1-z^q)^{m+1}}.$$

We may think of  $h^*(\Delta; z)$  as computed via  $\sum_{\mathbf{v} \in \Pi(\mathbf{W}) \cap \mathbb{Z}^{d+1}} z^{u(\mathbf{v})}$ .

### 3 Rational Betke–McMullen Decomposition

#### 3.1 Decomposition à la Betke–McMullen

Let  $P$  be a rational  $d$ -polytope and  $T$  be a triangulation of  $P$  with denominator  $q$ . For an  $m$ -simplex  $\Delta \in T$ , let  $\mathbf{W} = \{(\mathbf{r}_1, q), \dots, (\mathbf{r}_{m+1}, q)\}$ , where the  $(\mathbf{r}_i, q)$  are the integral ray generators of cone  $(\Delta)$  at height  $q$  as above. Further, set  $B(\mathbf{W}; z) =: B(\Delta; z)$  and similarly  $\text{Box}(\mathbf{W}) =: \text{Box}(\Delta)$ . We emphasize that the  $h^*$ -polynomial, fundamental parallelepiped, and box polynomial of  $\Delta$  depend on the denominator  $q$  of  $T$ .

A point  $\mathbf{v} \in \text{cone}(\Delta)$  can be uniquely expressed as  $\mathbf{v} = \sum_{i=1}^{m+1} \lambda_i (\mathbf{r}_i, q)$  for  $\lambda_i \geq 0$ . Define

$$I(\mathbf{v}) := \{i \in [m+1] : \lambda_i \in \mathbb{Z}\} \quad \text{and} \quad \overline{I(\mathbf{v})} := [m+1] \setminus I, \quad (3.1)$$

where  $[m+1] := \{1, \dots, m+1\}$ .

**Lemma 3.1.** *Fix a triangulation  $T$  with denominator  $q$  of a rational  $d$ -polytope  $P$  and let  $\Delta \in T$ . Then for  $\Omega := \text{conv} \left\{ \frac{\mathbf{r}_i}{q} : i \in \overline{I(\mathbf{v})} \right\} \subseteq \Delta$ ,  $h^*(\Delta; z) = \sum_{\Omega \subseteq \Delta} B(\Omega; z)$ .*

**Theorem 3.2.** *For a triangulation  $T$  with denominator  $q$  of a rational  $d$ -polytope  $P$ ,*

$$\text{Ehr}(P; z) = \frac{\sum_{\Omega \in T} B(\Omega; z) h(\Omega; z^q)}{(1-z^q)^{d+1}}.$$

*Proof.* We write  $P$  as the disjoint union of all open nonempty simplices in  $T$  and use Ehrhart–Macdonald reciprocity [3, 8]:

$$\begin{aligned} \text{Ehr}(P; z) &= 1 + \sum_{\Delta \in T \setminus \{\emptyset\}} \text{Ehr}(\Delta^\circ; z) = 1 + \sum_{\Delta \in T \setminus \{\emptyset\}} (-1)^{\dim(\Delta)+1} \text{Ehr}\left(\Delta; \frac{1}{z}\right) \\ &= 1 + \sum_{\Delta \in T \setminus \{\emptyset\}} (-1)^{\dim(\Delta)+1} \frac{h^*\left(\Delta; \frac{1}{z}\right)}{\left(1 - \frac{1}{z^q}\right)^{\dim(\Delta)+1}} \\ &= 1 + \sum_{\Delta \in T \setminus \{\emptyset\}} \frac{(z^q)^{\dim(\Delta)+1} (1 - z^q)^{d - \dim(\Delta)} h^*\left(\Delta; \frac{1}{z}\right)}{(1 - z^q)^{d+1}}. \end{aligned}$$

Note that the Ehrhart series of each  $\Delta$  is being written as a rational function with denominator  $(1 - z^q)^{d+1}$ . Using Lemma 3.1,

$$\begin{aligned} \text{Ehr}(P; z) &= 1 + \sum_{\Delta \in T \setminus \{\emptyset\}} \frac{(z^q)^{\dim(\Delta)+1} (1 - z^q)^{d - \dim(\Delta)} \sum_{\Omega \subseteq \Delta} B\left(\Omega; \frac{1}{z}\right)}{(1 - z^q)^{d+1}} \\ &= \frac{\sum_{\Delta \in T} \left[ (z^q)^{\dim(\Delta)+1} (1 - z^q)^{d - \dim(\Delta)} \sum_{\Omega \subseteq \Delta} B\left(\Omega; \frac{1}{z}\right) \right]}{(1 - z^q)^{d+1}}. \end{aligned}$$

By Lemma 2.1,

$$\begin{aligned} h^*(P; z) &= \sum_{\Delta \in T} \left[ (z^q)^{\dim(\Delta)+1} (1 - z^q)^{d - \dim(\Delta)} \sum_{\Omega \subseteq \Delta} B\left(\Omega; \frac{1}{z}\right) \right] \\ &= \sum_{\Delta \in T} \left[ (z^q)^{\dim(\Delta)+1} (1 - z^q)^{d - \dim(\Delta)} \sum_{\Omega \subseteq \Delta} (z^q)^{-\dim(\Omega)-1} B(\Omega; z) \right] \\ &= \sum_{\Omega \in T} \sum_{\Omega \subseteq \Delta} (z^q)^{\dim(\Delta) - \dim(\Omega)} (1 - z^q)^{d - \dim(\Delta)} B(\Omega; z) \\ &= \sum_{\Omega \in T} \left[ B(\Omega; z) (1 - z^q)^{d - \dim(\Omega)} \sum_{\Omega \subseteq \Delta} \left( \frac{z^q}{1 - z^q} \right)^{\dim(\Delta) - \dim(\Omega)} \right]. \end{aligned}$$

Using the definition of the  $h$ -polynomial, the theorem follows.  $\square$

### 3.2 Rational $h^*$ -Monotonicity

We now show how the following theorem follows from our rational Betke–McMullen formula.

**Theorem 3.3** (Stanley Monotonicity [10]). *Suppose that  $P \subseteq Q$  are rational polytopes with  $qP$  and  $qQ$  integral (for minimal possible  $q \in \mathbb{Z}_{>0}$ ). Define the  $h^*$ -polynomials via*

$$\text{Ehr}(P; z) = \frac{h^*(P; z)}{(1 - z^q)^{\dim(P)+1}} \quad \text{and} \quad \text{Ehr}(Q; z) = \frac{h^*(Q; z)}{(1 - z^q)^{\dim(Q)+1}}.$$

Then  $h_i^*(P; z) \leq h_i^*(Q; z)$  coefficient-wise.

The following lemma assumes familiarity with Cohen–Macaulay complexes and related theory.

**Lemma 3.4.** *Suppose that  $P$  is a polytope and  $T$  a triangulation of  $P$ . Let  $P \subseteq Q$  be a polytope and  $T'$  be a triangulation of  $Q$  such that  $T'$  restricted to  $P$  is  $T$ . Further, if  $\dim(P) < \dim(Q)$ , assume that there exists a set of affinely independent vertices  $\mathbf{v}_1, \dots, \mathbf{v}_n$  of  $Q$  outside the affine span of  $P$  such that (1) the join  $T * \text{conv}\{\mathbf{v}_1, \dots, \mathbf{v}_n\}$  is a subcomplex of  $T'$  and (2)  $\dim(P * \text{conv}\{\mathbf{v}_1, \dots, \mathbf{v}_n\}) = \dim(Q)$ . For every face  $\Omega \in T$ , the coefficient-wise inequality  $h_T(\Omega; z) \leq h_{T'}(\Omega, z)$  holds.*

*Proof of Theorem 3.3.* Let  $P$  be a polytope contained in  $Q$ . Let  $T$  be a triangulation of  $P$  and let  $T'$  be a triangulation of  $Q$  such that  $T'$  restricted to  $P$  is  $T$ , where if  $\dim(P) < \dim(Q)$  the triangulation  $T'$  satisfies the conditions given in Lemma 3.4. (Note that such a triangulation  $T'$  can always be obtained from  $T$ , e.g., by extending  $T$  using a placing triangulation.) By Theorem 3.2,  $h^*(P; z) = \sum_{\Omega \in T} B(\Omega; z) h_T(\Omega; z^q)$ . Since  $P$  is contained in  $Q$ ,

$$h^*(Q; z) = \sum_{\Omega \in T} B(\Omega; z) h_{T'|_P}(\Omega; z^q) + \sum_{\Omega \in T' \setminus T} B(\Omega; z) h_{T'}(\Omega; z^q).$$

By Lemma 3.4, the coefficients of  $\sum_{\Omega \in T} B(\Omega; z) h_{T'}(\Omega; z^q)$  dominate the coefficients of  $\sum_{\Omega \in T} B(\Omega; z) h_T(\Omega; z^q)$ . This further implies that the coefficients of  $h^*(Q; z)$  dominate the coefficients of  $h^*(P; z)$  since

$$\begin{aligned} \sum_{\Omega \in T} B(\Omega; z) h_T(\Omega; z^q) &\leq \sum_{\Omega \in T} B(\Omega; z) h_{T'}(\Omega; z^q) \\ &\leq \sum_{\Omega \in T} B(\Omega; z) h_{T'|_P}(\Omega; z^q) + \sum_{\Omega \in T' \setminus T} B(\Omega; z) h_{T'}(\Omega; z^q). \quad \square \end{aligned}$$

## 4 $h^*$ -Decompositions from Boundary Triangulations

### 4.1 Set-up

Throughout this section we will use the following set-up. Fix a boundary triangulation  $T$  with denominator  $q$  of a rational  $d$ -polytope  $P$ . Take  $\ell \in \mathbb{Z}_{>0}$ , such that  $\ell P$  contains a lattice point  $\mathbf{a}$  in its interior. Thus  $(\mathbf{a}, \ell) \in \text{cone}(P)^\circ \cap \mathbb{Z}^{d+1}$  is a lattice point in the interior

of the cone of  $P$  at height  $\ell$ , and cone  $((\mathbf{a}, \ell))$  is the ray through the point  $(\mathbf{a}, \ell)$ . We cone over each  $\Delta \in T$  and define  $\mathbf{W} = \{(\mathbf{r}_1, q), \dots, (\mathbf{r}_{m+1}, q)\}$  where the  $(\mathbf{r}_i, q)$  are integral ray generators of cone  $(\Delta)$  at height  $q$ . As before, we have the associated box polynomial  $B(\mathbf{W}; z) =: B(\Delta; z)$ . Now, let  $\mathbf{W}' = \mathbf{W} \cup \{(\mathbf{a}, \ell)\}$  be the set of generators from  $\mathbf{W}$  together with  $(\mathbf{a}, \ell)$  and we set cone  $(\Delta')$  to be the cone generated by  $\mathbf{W}'$ , with associated box polynomial  $B(\mathbf{W}'; z) =: B(\Delta'; z)$ .

**Corollary 4.1.** *For each face  $\Delta$  of  $T$ ,*

$$B(\Delta; z) = z^{q(\dim(\Delta)+1)} B\left(\Delta; \frac{1}{z}\right) \quad \text{and} \quad B(\Delta'; z) = z^{q(\dim(\Delta)+1)+\ell} B\left(\Delta'; \frac{1}{z}\right).$$

Observe that when  $\Delta = \emptyset$  is the empty face,  $B(\emptyset; z) = 1$ , but  $B(\emptyset'; z) = B((\mathbf{a}, \ell); z)$ . This differs from the scenario in [11] where Stapledon's set-up determined that  $B(\emptyset', z) = 0$ . For a real number  $x$ , define  $\lfloor x \rfloor$  to be the greatest integer less than or equal to  $x$ . Additionally, define the *fractional part* of  $x$  to be  $\{x\} = x - \lfloor x \rfloor$ .

## 4.2 Boundary Triangulations

For each  $\mathbf{v} \in \text{cone}(P)$  we associate two faces  $\Delta(\mathbf{v})$  and  $\Omega(\mathbf{v})$  of  $T$ , as follows. The face  $\Delta(\mathbf{v})$  is chosen to be the minimal face of  $T$  such that  $\mathbf{v} \in \text{cone}(\Delta'(\mathbf{v}))$ , and we define

$$\Omega(\mathbf{v}) := \text{conv} \left\{ \frac{\mathbf{r}_i}{q} : i \in \overline{I(\mathbf{v})} \right\} \subseteq \Delta(\mathbf{v}),$$

where  $\overline{I(\mathbf{v})}$  is defined as in (3.1) and the  $(\mathbf{r}_i, q)$  are ray generators of cone  $(\Delta)$ . In an effort to make our statements and proofs less notation heavy, for the rest of this section we write  $\Delta(\mathbf{v}) = \Delta$  and  $\Omega(\mathbf{v}) = \Omega$  with the understanding that both depend on  $\mathbf{v}$ . Furthermore, for  $\mathbf{v} = \sum_{i=1}^{m+1} \lambda_i (\mathbf{r}_i, q) + \lambda (\mathbf{a}, \ell)$  where  $\lambda, \lambda_i \geq 0$ , define  $\{\mathbf{v}\} := \sum_{i \in \overline{I(\mathbf{v})}} \{\lambda_i\} (\mathbf{r}_i, q) + \{\lambda\} (\mathbf{a}, \ell)$ .

**Lemma 4.2.** *Given  $\mathbf{v} \in \text{cone}(P)$ , construct  $\Delta = \Delta(\mathbf{v})$  as described above, with cone  $(\Delta)$  generated by  $(\mathbf{r}_1, q), \dots, (\mathbf{r}_{m+1}, q)$ . Then  $\mathbf{v}$  can be written uniquely as*

$$\{\mathbf{v}\} + \sum_{i \in I(\mathbf{v})} (\mathbf{r}_i, q) + \sum_{i=1}^{m+1} \mu_i (\mathbf{r}_i, q) + \mu (\mathbf{a}, \ell), \quad (4.1)$$

where  $\mu, \mu_i \in \mathbb{Z}_{\geq 0}$ .

**Corollary 4.3.** *Continuing the notation above,*

$$u(\mathbf{v}) = u(\{\mathbf{v}\}) + q(\dim \Delta(\mathbf{v}) - \dim \Omega(\mathbf{v})) + \sum_{i=1}^{m+1} q \mu_i(\mathbf{v}) + \mu(\mathbf{v}) \ell. \quad (4.2)$$

The following theorem provides a decomposition of the  $h^*$ -polynomial of a rational polytope in terms of box and  $h$ -polynomials. It is important to note again that the  $h^*$ -polynomial depends on the denominator of the boundary triangulation.

**Theorem 4.4.** *Consider a rational  $d$ -polytope  $P$  that contains an interior point  $\frac{\mathbf{a}}{\ell}$ , where  $\mathbf{a} \in \mathbb{Z}^d$  and  $\ell \in \mathbb{Z}_{>0}$ . Fix a boundary triangulation  $T$  of  $P$  with denominator  $q$ . Then*

$$h^*(P; z) = \frac{1 - z^q}{1 - z^\ell} \sum_{\Omega \in T} (B(\Omega; z) + B(\Omega'; z)) h(\Omega; z^q).$$

*Proof.* By Corollary 4.3,

$$\begin{aligned} \frac{h^*(P; z)}{(1 - z^q)^{d+1}} &= \sum_{\mathbf{v} \in \text{cone}(P) \cap \mathbb{Z}^{d+1}} z^{u(\mathbf{v})} \\ &= \sum_{\mathbf{v} \in \text{cone}(P) \cap \mathbb{Z}^{d+1}} z^{u(\{\mathbf{v}\}) + q(\dim \Delta(\mathbf{v}) - \dim \Omega(\mathbf{v})) + \sum_{i=1}^{\dim(\Delta)+1} q\mu_i(\mathbf{v}) + \mu(\mathbf{v})\ell} \\ &= \sum_{\Delta \in T} \sum_{\Omega \subseteq \Delta} z^{q(\dim \Delta - \dim \Omega)} \sum_{\mathbf{v} \in (\text{Box}(\Omega) \cup \text{Box}(\Omega')) \cap \mathbb{Z}^{d+1}} z^{u(\mathbf{v})} \sum_{\mu_i, \mu \geq 0} z^{\sum_{i=1}^{\dim(\Delta)+1} q\mu_i + \mu\ell} \\ &= \sum_{\Delta \in T} \sum_{\Omega \subseteq \Delta} \frac{(B(\Omega; z) + B(\Omega'; z)) z^{q(\dim \Delta - \dim \Omega)}}{(1 - z^q)^{\dim(\Delta)+1} (1 - z^\ell)} \\ &= \frac{1}{1 - z^\ell} \sum_{\Omega \in T} (B(\Omega; z) + B(\Omega'; z)) \sum_{\Omega \subseteq \Delta} \frac{(z^q)^{\dim(\Delta) - \dim(\Omega)}}{(1 - z^q)^{\dim(\Delta)+1}} \\ &= \frac{1}{(1 - z^\ell)(1 - z^q)^d} \sum_{\Omega \in T} (B(\Omega; z) + B(\Omega'; z)) h(\Omega; z^q). \quad \square \end{aligned}$$

### 4.3 Rational Stapledon Decomposition and Inequalities

Using Theorem 4.4, we can rewrite the  $h^*$ -polynomial of a rational polytope  $P$  as

$$h^*(P; z) = \frac{1 + z + \dots + z^{q-1}}{1 + z + \dots + z^{\ell-1}} \sum_{\Omega \in T} (B(\Omega; z) + B(\Omega'; z)) h(\Omega; z^q).$$

Next, we turn our attention to the polynomial

$$\overline{h^*}(P; z) := \left(1 + z + \dots + z^{\ell-1}\right) h^*(P; z). \quad (4.3)$$

We know that  $h^*(P; z)$  is a polynomial of degree at most  $q(d+1) - 1$ , thus  $\overline{h^*}(P; z)$  has degree at most  $q(d+1) + \ell - 2$ . We set  $f$  to be the degree of  $\overline{h^*}(P; z)$  and  $s$  to be the degree of  $h^*(P; z)$ . We can recover  $h^*(P; z)$  from  $\overline{h^*}(P; z)$  for a chosen value of  $\ell$ ; if we write

$$\overline{h^*}(P; z) = \overline{h_0^*} + \overline{h_1^*}z + \dots + \overline{h_f^*}z^f,$$



then

$$\overline{h}_i^* = h_i^* + h_{i-1}^* + \cdots + h_{i-l+1}^* \quad i = 0, \dots, f, \quad (4.4)$$

and we set  $h_i^* = 0$  when  $i > s$  or  $i < 0$ .

**Proposition 4.5.** *Let  $P$  be a rational  $d$ -polytope with denominator  $q$  and Ehrhart series*

$$\text{Ehr}(P; z) = \frac{h^*(P; z)}{(1 - z^q)^{d+1}}.$$

*Then  $\deg h^*(P; z) = s$  if and only if  $(q(d+1) - s)P$  is the smallest integer dilate of  $P$  that contains an interior lattice point.*

The following result provides a decomposition of the  $\overline{h}^*$ -polynomial which we refer to as an  $a/b$ -decomposition. It generalizes [11, Theorem 2.14] to the rational case.

**Theorem 4.6.** *Let  $P$  be a rational  $d$ -polytope with denominator  $q$ , and let  $s := \deg h^*(P; z)$ . Then  $\overline{h}^*(P; z)$  has a unique decomposition*

$$\overline{h}^*(P; z) = a(z) + z^\ell b(z),$$

where  $\ell = q(d+1) - s$  and  $a(z)$  and  $b(z)$  are polynomials with integer coefficients satisfying  $a(z) = z^{q(d+1)-1} a\left(\frac{1}{z}\right)$  and  $b(z) = z^{q(d+1)-1-\ell} b\left(\frac{1}{z}\right)$ . Moreover, the coefficients of  $a(z)$  and  $b(z)$  are nonnegative.

*Proof.* Let  $a_i$  and  $b_i$  denote the coefficients of  $z^i$  in  $a(z)$  and  $b(z)$ , respectively. Set

$$a_{i+1} = h_0^* + \cdots + h_{i+1}^* - h_{q(d+1)-1}^* - \cdots - h_{q(d+1)-1-i}^* \quad (4.5)$$

and

$$b_i = -h_0^* - \cdots - h_i^* + h_s^* + \cdots + h_{s-i}^*. \quad (4.6)$$

Using (4.4) and the fact that  $\ell = q(d+1) - s$ , we compute that

$$\begin{aligned} a_i + b_{i-\ell} &= h_0^* + \cdots + h_i^* - h_{q(d+1)-1}^* - \cdots - h_{q(d+1)-i}^* - h_0^* - \cdots - h_{i-\ell}^* + h_s^* \\ &\quad + \cdots + h_{s-i+\ell}^* = h_{i-\ell+1}^* + \cdots + h_i^* = \overline{h}_i^*, \\ a_i - a_{q(d+1)-1-i} &= h_0^* + \cdots + h_i^* - h_{q(d+1)-1}^* - \cdots - h_{q(d+1)-i}^* - h_0^* - \cdots - h_{q(d+1)-1-i}^* \\ &\quad + h_{q(d+1)-1}^* + \cdots + h_{i+1}^* = 0, \\ b_i - b_{q(d+1)-1-\ell-i} &= -h_0^* - \cdots - h_i^* + h_s^* + \cdots + h_{s-i}^* + h_0^* + \cdots + h_i^* \\ &\quad - h_s^* - \cdots - h_{s-i-1}^* - h_s^* - \cdots - h_{i+1}^* = 0, \end{aligned}$$

for  $i = 0, \dots, q(d+1) - 1$ . Thus, we obtain the decomposition desired. The uniqueness property follows (4.5) and (4.6).

Let  $T$  be a regular boundary triangulation of  $P$ . By Theorem 4.4 and (4.3), we can set

$$a(z) = (1 + z + \cdots + z^{q-1}) \sum_{\Omega \in T} B(\Omega; z) h(\Omega; z^q), \quad (4.7)$$

and

$$b(z) = z^{-\ell} (1 + z + \cdots + z^{q-1}) \sum_{\Omega \in T} B(\Omega'; z) h(\Omega; z^q), \quad (4.8)$$

so that  $\overline{h^*}(P; z) = a(z) + z^\ell b(z)$ . By Proposition 4.5, the dilate  $kP$  contains no interior lattice points for  $k = 1, \dots, \ell - 1$ , so if  $\mathbf{v} \in \text{Box}(\Omega') \cap \mathbb{Z}^{d+1}$  for  $\Omega \in T$ , then  $u(\mathbf{v}) \geq \ell$ . Hence,  $b(z)$  is a polynomial. We now need to verify that

$$a(z) = a^{q(d+1)-1} a\left(\frac{1}{z}\right) \quad \text{and} \quad b(z) = z^{q(d+1)-1-\ell} b\left(\frac{1}{z}\right).$$

It is a well-known property of the  $h$ -vector in (2.5) that  $h(\Omega, z^q) = z^{q(d-1-\dim(\Omega))} h(\Omega; z^{-q})$ .

Using the aforementioned and Corollary 4.1, we determine that

$$\begin{aligned} z^{q(d+1)-1} a\left(\frac{1}{z}\right) &= z^{q(d+1)-1} \left(1 + \frac{1}{z} + \cdots + \frac{1}{z^{q-1}}\right) \sum_{\Omega \in T} B\left(\Omega; \frac{1}{z}\right) h\left(\Omega; \frac{1}{z^q}\right) \\ &= z^{qd} (1 + z + \cdots + z^{q-1}) \sum_{\Omega \in T} z^{-q(\dim(\Omega)+1)} B(\Omega, z) z^{-q(d-1-\dim(\Omega))} h(\Omega; z^q) \\ &= (1 + z + \cdots + z^{q-1}) \sum_{\Omega \in T} B(\Omega, z) h(\Omega; z^q) = a(z) \end{aligned}$$

and

$$\begin{aligned} z^{q(d+1)-1-\ell} b\left(\frac{1}{z}\right) &= z^{q(d+1)-1-\ell} z^\ell \left(1 + \frac{1}{z} + \cdots + \frac{1}{z^{q-1}}\right) \sum_{\Omega \in T} B\left(\Omega'; \frac{1}{z}\right) h\left(\Omega; \frac{1}{z^q}\right) \\ &= z^{qd} (1 + z + \cdots + z^{q-1}) \sum_{\Omega \in T} z^{-q(\dim(\Omega)+1)-\ell} B(\Omega'; z) z^{-q(d-1-\dim(\Omega))} h(\Omega; z^q) \\ &= z^{-\ell} (1 + z + \cdots + z^{q-1}) \sum_{\Omega \in T} B(\Omega'; z) h(\Omega; z^q) = b(z). \end{aligned}$$

Lastly, recall that the box polynomials and the  $h$ -polynomials are nonnegative, so a sum of products of box polynomials and  $h$ -polynomials will also be nonnegative. Thus, the result holds.  $\square$

The next theorem follows as a corollary to Theorem 4.6 and gives inequalities satisfied by the coefficients of the  $h^*$ -polynomial for rational polytopes.

**Theorem 4.7.** *Let  $P$  be a rational  $d$ -polytope with denominator  $q$ , let  $s := \deg h^*(P; z)$  and  $\ell := q(d+1) - s$ . The  $h^*$ -vector  $(h_0^*, \dots, h_{q(d+1)-1}^*)$  of  $P$  satisfies the following inequalities:*

$$h_0^* + \cdots + h_{i+1}^* \geq h_{q(d+1)-1}^* + \cdots + h_{q(d+1)-1-i}^*, \quad i = 0, \dots, \left\lfloor \frac{q(d+1)-1}{2} \right\rfloor - 1, \quad (4.9)$$

$$h_s^* + \cdots + h_{s-i}^* \geq h_0^* + \cdots + h_i^*, \quad i = 0, \dots, q(d+1) - 1. \quad (4.10)$$

*Proof.* By (4.5) and (4.6) it follows that (4.9) and (4.10) hold if and only if  $a(z)$  and  $b(z)$  are nonnegative, respectively, which in turn follows from Theorem 4.6.  $\square$

## 5 Applications

### 5.1 Rational Reflexive Polytopes

A lattice polytope is *reflexive* if its dual is also a lattice polytope. Hibi [6] proved that a lattice polytope  $P$  is the translate of a reflexive polytope if and only if  $\text{Ehr}\left(P; \frac{1}{z}\right) = (-1)^{d+1}z \text{Ehr}(P; z)$  as rational functions, that is,  $h^*(z)$  is palindromic. More generally, Fiset and Kasprzyk [4, Corollary 2.2] proved that a rational polytope  $P$  whose dual is a lattice polytope has a palindromic  $h^*$ -polynomial. The following proposition provides an alternate route to Fiset and Kasprzyk's result.

**Theorem 5.1.** *Let  $P$  be a rational polytope containing the origin. The dual of  $P$  is a lattice polytope if and only if  $\overline{h^*}(P; z) = h^*(z) = a(z)$ , that is,  $b(z) = 0$  in the  $a/b$ -decomposition of  $\overline{h^*}(P; z)$  from Theorem 4.4.*

### 5.2 Reflexive Polytopes of Higher Index

Kasprzyk and Nill [7] introduced the following class of polytopes .

**Definition 5.2.** A lattice polytope  $P$  is a *reflexive polytope of higher index  $\mathcal{L}$*  (also known as an  $\mathcal{L}$ -reflexive polytope), for some  $\mathcal{L} \in \mathbb{Z}_{>0}$ , if the following conditions hold:

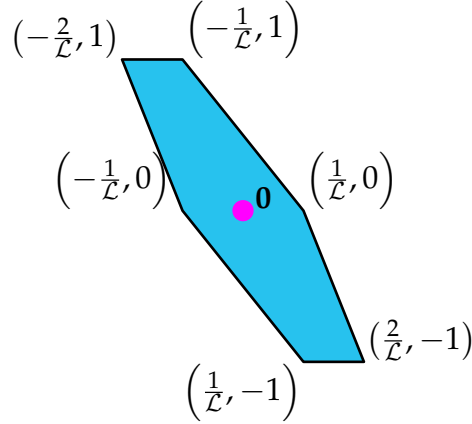
- $P$  contains the origin in its interior;
- The vertices of  $P$  are primitive, i.e., the line segment joining each vertex to  $\mathbf{0}$  contains no other lattice points;
- For any facet  $F$  of  $P$  the local index  $\mathcal{L}_F$  equals  $\mathcal{L}$ , i.e., the integral distance of  $\mathbf{0}$  from the affine hyperplane spanned by  $F$  equals  $\mathcal{L}$ .

The 1-reflexive polytopes are the reflexive polytopes mentioned earlier in the section. Kasprzyk and Nill proved that if  $P$  is a lattice polytope with primitive vertices containing the origin in its interior then  $P$  is  $\mathcal{L}$ -reflexive if and only if  $\mathcal{L}P^*$  is a lattice polytope having only primitive vertices. In this case,  $\mathcal{L}P^*$  is also  $\mathcal{L}$ -reflexive. They investigated  $\mathcal{L}$ -reflexive polygons. In particular, they show that there is no  $\mathcal{L}$ -reflexive polygon of even index. Furthermore, they provide a family of  $\mathcal{L}$ -reflexive polygons arising for each odd index:

$$P_{\mathcal{L}} = \text{conv} \{ \pm(0, 1), \pm(\mathcal{L}, 2), \pm(\mathcal{L}, 1) \}.$$

We are interested in the dual of  $P_{\mathcal{L}}$ :

$$P_{\mathcal{L}}^* = \text{conv} \left\{ \pm \left( \frac{1}{\mathcal{L}}, 0 \right), \pm \left( \frac{2}{\mathcal{L}}, -1 \right), \pm \left( \frac{1}{\mathcal{L}}, -1 \right) \right\}.$$



**Figure 1:** The rational hexagon  $P_{\mathcal{L}}^*$ .

Applying Theorems 4.4 and 5.1 we conclude to following.

**Proposition 5.3.** For  $\mathcal{L} = 2k + 1$ ,

$$h^*(P_{\mathcal{L}}^*; z) = (1 + z + \cdots + z^{\mathcal{L}}) \left( 1 + 4z^{\mathcal{L}} + z^{2\mathcal{L}} + 4 \left( \sum_{i=\mathcal{L}-k}^{\mathcal{L}-1} z^i + \sum_{i=\mathcal{L}+1}^{\mathcal{L}+k} z^i \right) + 2 \sum_{i=1}^{\mathcal{L}-1} z^{2i} \right).$$

## Acknowledgements

The authors thank Steven Klee, José Samper, and Liam Solus for fruitful correspondence.

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